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# Fat Angie

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The Care and Feeding of Ravenously Hungry Girls  
Fuel Your Body  
Something Like Gravity  
Ten Miles Past Normal  
Running with Curves  
The Last to Let Go  
Accidental  
Empress of the World  
Love Is the Drug  
The Autoimmune Wellness Handbook  
How to Cook and Eat for Peak Performance: 77 Simple, Nutritious, Whole-Food Recipes for Every Athlete  
Lupe Lopez: Rock Star Rules!  
Brutal  
A DIY Guide to Living Well with Chronic Illness  
My Big Fat Demon Slayer Wedding  
The Hate U Give  
Desmond and the Very Mean Word  
Fat Land  
The Everything Big Book of Fat Bombs  
Fat Chick  
A funny paranormal romance with magic  
Elena Vanishing  
Red Sauce Classics and New Essentials: a Cookbook  
Fat Angie  
Fat Angie  
Feels Like Home  
Abigail the Whale  
Fat Cat Sat on the Mat  
The Lost Girl  
Fat Angie  
When We Was Fierce  
Irreversible Damage  
Future Perfect  
A Memoir  
The Other F Word  
Italian American  
The Transgender Craze Seducing Our Daughters  
A Celebration of the Fat & Fierce  
Phonetic Level One I Can Read that is Ideal for Kids Figuring Out how to Sound Out Words and Sentences.

**RILEY DAYTON****The Care and Feeding of Ravenously Hungry Girls** Simon and Schuster

A young woman in the advertising world in New York City knows all the terminology of the New York scene. Her problem is that she is overweight and her personal and professional life are influenced by her weight and appearance. She wins and loses professional positions and boyfriends.

**Fuel Your Body** Penguin

Coming of age as a Fat brown girl in a white Connecticut suburb is hard. Harder when your whole life is on fire, though. Charlie Vega is a lot of things. Smart. Funny. Artistic. Ambitious. Fat. People sometimes have a problem with that last one. Especially her mom. Charlie wants a good relationship with her body, but it's hard, and her mom leaving a billion weight loss shakes on her dresser doesn't help. The world and everyone in it have ideas about what she should look like: thinner, lighter, slimmer-faced, straighter-haired. Be smaller. Be whiter. Be quieter. But there's one person who's always in Charlie's corner: her best friend Amelia. Slim. Popular. Athletic. Totally dope. So when Charlie starts a tentative relationship with cute classmate Brian, the first worthwhile guy to notice her, everything is perfect until she learns one thing--he asked Amelia out first. So is she his second choice or what? Does he even really see her? Because it's time people did. A sensitive, funny, and painful coming-of-age story with a wry voice and tons of chisme, *Fat Chance*, Charlie Vega tackles our relationships to our parents, our bodies, our cultures, and ourselves.

*Something Like Gravity* Candlewick Press

Sixteen-year-old Carlos Duarte is on the verge of realizing his dream of becoming a famous make-up artist, but first he must face his jealous boss at a Macy's cosmetics counter, his sister's abusive boyfriend, and his crush on a punk-rocker classmate.

**Ten Miles Past Normal** Simon and Schuster

For fans of *Love, Simon* and *Eleanor & Park*, a romantic and sweet novel about a transgender boy who falls in love for the first time—and how first love changes us all—from New York Times bestselling author Amber Smith. Chris and Maia aren't off to a great start. A near-fatal car accident first brings them together, and their next encounters don't fare much better. Chris's good intentions backfire. Maia's temper gets the best of her. But they're neighbors, at least for the summer, and despite their best efforts, they just can't seem to stay away from each other. The path forward isn't easy. Chris has come out as transgender, but he's still processing a frightening assault he survived the year before. Maia is grieving the loss of her older sister and trying to find her place in the world without her. Falling in love was the last thing on either of their minds. But would it be so bad if it happened anyway?

**Running with Curves** Candlewick Press

This timely, emotionally-resonant story about a teen girl dealing with the aftermath of a tragic shooting is a must-read from an exciting new YA talent. Johanna has had more than enough trauma in her life. She lost her mom in a car accident, and her father went AWOL when Johanna was just a baby. At sixteen, life is steady, boring . . . maybe even stifling, since she's being raised by her grandparents who never talk about their daughter, her mother Mandy. Then

he comes back: Robert Newsome, Johanna's father, bringing memories and pictures of Mandy. But that's not all he shares. A tragic car accident didn't kill Mandy--it was Johanna, who at two years old, accidentally shot her own mother with an unsecured gun. Now Johanna has to sort through it all--the return of her absentee father, her grandparents' lies, her part in her mother's death. But no one, neither her loyal best friends nor her sweet new boyfriend, can help her forgive them. Most of all, can she ever find a way to forgive herself? In a searing, ultimately uplifting story, debut author Alex Richards tackles a different side of the important issue that has galvanized teens across our country.

*The Last to Let Go* Holiday House

In an endless cycle of street violence and retribution, is there any escape? A powerful verse novel by e.E. Charlton-Trujillo. Fifteen-year-old Theo isn't looking for trouble, but when he and his friends witness a brutal attack on Ricky-Ricky, an innocent boy who doesn't know better than to walk right up to the most vicious gang leader around, he's in trouble for real. And in this neighborhood, everything is at stake. In a poignant, unflinching novel of survival told largely in street dialect, e.E. Charlton-Trujillo enters the lives of teenagers coming of age in the face of spiraling violence among gangs, by police, and at home.

**Accidental** Owlkids

When she moves to a quiet California wine town with a father she has never known, Poe Holly rails against a high school system that allows elite students special privileges and tolerates bullying of those who are different.

*Empress of the World* HMH

Based on a true story from Archbishop Desmond Tutu's childhood in South

Africa, Desmond and the Very Mean Word reveals the power of words and the secret of forgiveness. Features an audio read-along read by Archbishop Desmond Tutu. When Desmond takes his new bicycle out for a ride through his neighborhood, his pride and joy turn to hurt and anger when a group of boys shout a very mean word at him. He first responds by shouting an insult, but soon discovers that fighting back with mean words doesn't make him feel any better. With the help of kindly Father Trevor, Desmond comes to understand his conflicted feelings and see that all people deserve compassion, whether or not they say they are sorry. Brought to vivid life in A. G. Ford's energetic illustrations, this heartfelt, relatable story conveys timeless wisdom about how to handle bullying and angry feelings, while seeing the good in everyone.

Love Is the Drug Candlewick Press

Four teenagers are on the verge of exploding. The anxieties they face at every turn have nearly pushed them to the point of surrender: senseless high-stakes testing, the lingering damage of past trauma, the buried grief and guilt of tragic loss. They are desperate to cope, but no one is listening. So they will lie. They will split in two. They will turn inside out. They will even build an invisible helicopter to fly themselves far away...but nothing releases the pressure. Because, as they discover, the only way to truly escape their world is to fly right into it. The genius of acclaimed author A.S. King reaches new heights in this groundbreaking work of surrealist fiction; it will mesmerize readers with its deeply affecting exploration of how we crawl through traumatic experience--and find the way out.

**The Autoimmune Wellness**

**Handbook** Agate Publishing  
Jen Larsen, author of the critically acclaimed memoir *Stranger Here* and a subject of the Oprah Winfrey Network TV show *In Deep Shift* with Jonas Elrod, tells a liberating story of hard-won self-acceptance—a tale of one girl, who knows that weight is just a number, and that no one is completely perfect. This is a distinct, complex debut from a new voice in YA with an unforgettable main character whose doubts and insecurities will resonate with readers, and shed light on the dangers of taking on others' expectations instead of your own. Underscored by a fierce intelligence and a dry, disarming wit, *Future Perfect* will satisfy fans of such authors as Maureen Johnson.

**How to Cook and Eat for Peak Performance: 77 Simple, Nutritious, Whole-Food Recipes for Every Athlete** Margaret K. McElderry Books

This off-kilter novel centers on three girls who are definitely not part of the in crowd: one's fat, one's a dyke, and one is missing a breast. Nicknamed "Lezzylard" by her classmates, Angie is seduced by the prettiest girl in school, an anorexic who just wants to make imaginary grocery lists. Inez, the school's pot dealer, can't shoplift because security guards are mesmerized by her single enormous breast. Shelby and Angie can't be together, because then everyone will think Angie's only a dyke because she's too fat to get a guy. *Manstealing for Fat Girls* explodes the locus where patriarchal and class violence intersect, while embracing all that is magical — and dangerous — about adolescence. Set in a working class suburb of St. Louis in the 1980s, the book is replete with music and pop culture references of the era, but the bullying, lunch table treachery, and

desperate desire to fit in ring true for every generation.

**Lupe Lopez: Rock Star Rules!** Candlewick Press

Growing up in a dead-end South Texas town, Mickey had two things she could count on: her big brother, Danny—the football hero everyone loved—and a beat-up copy of *The Outsiders*. But after the accident—after Danny abandoned her to a town full of rumors and a drunken father—all Mickey had left was a smoky memory, her anger, and the resolution to get out of town for good. But Danny is back—and he's not the golden boy who left six years ago. He's altogether a different person, and the life Mickey has worked so hard to rebuild seems to be falling apart. Danny's anger is something Mickey just can't forgive, and his best friend's mysterious death six years ago keeps coming back to haunt the edges of her mind. No matter how hard she tries, she can't remember what happened that night—and she's starting to realize that remembering is the only way she can move on. She'll have to face the brother who broke her heart, and that beat-up book that will never again feel like home. **Brutal** Knopf Books for Young Readers 8 starred reviews · Goodreads Choice Awards Best of the Best · William C. Morris Award Winner · National Book Award Longlist · Printz Honor Book · Coretta Scott King Honor Book · #1 New York Times Bestseller! "Absolutely riveting!" —Jason Reynolds "Stunning." —John Green "This story is necessary. This story is important." —Kirkus (starred review) "Heartbreakingly topical." —Publishers Weekly (starred review) "A marvel of verisimilitude." —Booklist (starred review) "A powerful, in-your-face novel." —Horn Book (starred review) Sixteen-year-old Starr Carter

moves between two worlds: the poor neighborhood where she lives and the fancy suburban prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her childhood best friend Khalil at the hands of a police officer. Khalil was unarmed. Soon afterward, his death is a national headline. Some are calling him a thug, maybe even a drug dealer and a gangbanger. Protesters are taking to the streets in Khalil's name. Some cops and the local drug lord try to intimidate Starr and her family. What everyone wants to know is: what really went down that night? And the only person alive who can answer that is Starr. But what Starr does—or does not—say could upend her community. It could also endanger her life. Want more of Garden Heights? Catch Maverick and Seven's story in *Concrete Rose*, Angie Thomas's powerful prequel to *The Hate U Give*.

[A DIY Guide to Living Well with Chronic Illness](#) Rodale

"Reimagine Italian American cooking with more than 125 big-hearted recipes from the celebrated husband-and-wife chef team of Don Angie in New York City. Old-school, Italian American "red sauce" is a beloved style of cooking that is rich with nostalgia, a deep sense of family, and the promise of irresistible food--copious amounts of it. Offerings may include an endless assortment of antipasti at the start of every meal, multi-layered chicken and eggplant parms, enormous casseroles of luscious baked pastas laden with molten cheese--and don't forget dessert. In their debut cookbook, Angie Rito and Scott Tacinelli, the chefs of Don Angie in New York City's West Village, reinvigorate the genre with a modern point of view that includes multicultural influences inspired by New

York City and updated dishes that proudly straddle the line between Italian and American. Italian American is organized by the backbones of the cuisine, including cold and hot antipasto, ragus, pastas, and even entire chapters dedicated to lasagna and meatballs. Inspired by influences both old and new, these comforting dishes feel familiar but are far from expected, including Campari & Orange Sticky Ribs, Eggplant Pinwheel Lasagna, Shrimp Parm Meatballs, and Spiced Lamb Ragu alla Marsala. Rich with family history from Scott and Angie's immigrant grandparents and great-grandparents, Italian American provides an essential, spirited introduction to an unforgettable way of cooking"--

**My Big Fat Demon Slayer Wedding**

Bloomsbury Publishing USA

"An in-depth, well-researched, and thoughtful exploration of the 'fat boom' in America." —TheBoston Globe Low carb, high protein, raw foods . . . despite our seemingly endless obsession with fad diets, the startling truth is that six out of ten Americans are overweight or obese. In *Fat Land*, award-winning nutrition and health journalist Greg Critser examines the facts and societal factors behind the sensational headlines, taking on everything from supersize to Super Mario, high-fructose corn syrup to the high costs of physical education. With a sharp eye and even sharper tongue, Critser examines why pediatricians are now treating conditions rarely seen in children before; why type 2 diabetes is on the rise; the personal struggles of those with weight problems—especially among the poor—and how agribusiness has altered our waistlines. Praised by the New York Times as "absorbing" and by Newsday as "riveting," this disarmingly funny, yet

truly alarming, exposé stands as an important examination of one of the most pressing medical and social issues in the United States. “One scary book and a good companion to Eric Schlosser’s *Fast Food Nation*.” —Seattle Post-Intelligencer

The Hate U Give Yearling

A New York Times bestselling, breakout novel! My name is Lizzie Brown, and demon slayer wasn't my first career choice. It didn't even crack the list. I had a good thing going as a preschool teacher until my long-lost Granny blew into my life riding a Harley and raving about a demon on my toilet. Why did she have to be right? He was from the seventh layer of hell, and I killed his ass faster than you can say flush. Now Grandma insists I'm a demon slayer, destined to ride with her geriatric gang of biker witches. Do I even own a leather jacket? Crazy still, this new job comes with my own personal protector: Dimitri Kallinikos, a devastatingly hot shape-shifting griffin with beautiful eyes and a not-so-secret plan to seduce me. I could get on board with that. But I can't get too involved because Dimitri needs me to take care of some hellish personal business for him, and I'm not about to let a guy I barely know take me anywhere near the underworld. At least not on the first date. But there's a bigger danger brewing than either of us can imagine—and if I can't stop the rise of Hell on Earth, no one can. “Fabulously Fun” —The Chicago Tribune

*Desmond and the Very Mean Word*

Candlewick Press

Winner of a 2014 Stonewall Book Award  
Her sister was captured in Iraq, she's the resident laughingstock at school, and her therapist tells her to count instead of eat. Can a daring new girl in her life really change anything? Angie is broken

-- by her can't-be-bothered mother, by her high-school tormenters, and by being the only one who thinks her varsity-athlete-turned-war-hero sister is still alive. Hiding under a mountain of junk food hasn't kept the pain (or the shouts of crazy mad cow! ) away. Having failed to kill herself -- in front of a gym full of kids -- she's back at high school just trying to make it through each day. That is, until the arrival of KC Romance, the kind of girl who doesn't exist in Dryfalls, Ohio. A girl who is one hundred and ninety-nine percent wow! A girl who never sees her as Fat Angie, and who knows too well that the package doesn't always match what's inside. With an offbeat sensibility, mean girls to rival a horror classic, and characters both outrageous and touching, this darkly comic anti-romantic romance will appeal to anyone who likes entertaining and meaningful fiction.

*Fat Land* Abrams

Angie overeats to cope with the taunts of the ultra-mean girls, her attempted suicide in front of a packed gym, and the status of her captured war-hero sister, until KC Romance comes to town and sees Angie for who she really is.

*The Everything Big Book of Fat Bombs*  
Difference Pressllc

Look no further, because this is the book of running tips for you. With humor, compassion, and lots of love, Jill Angie delivers the goods: overcoming the challenges of running with an overweight body and giving your self-esteem an enormous boost in the process. This isn't a guide to running for weight loss, or a simple running plan. This book is specifically about how a woman carrying a few (or many) extra pounds can successfully become a runner in the body she has right now. Drawing on 15 years of experience as a curvy runner,



Jill gives you everything you won't find in the typical beginner's running book, such as standing up to your inner mean girl, finding the right sports bra, and building up your self-confidence one step at a time. No matter what size you are, by the end of this book, even the most beginner runner will realize they are capable of much more than they ever thought possible.

**Fat Chick** Simon and Schuster NAMED A BOOK OF THE YEAR BY THE ECONOMIST AND ONE OF THE BEST BOOKS OF 2021 BY THE TIMES AND THE SUNDAY TIMES "Irreversible Damage . . . has caused a storm. Abigail Shrier, a Wall Street Journal writer, does something simple yet devastating: she rigorously lays out the facts." —Janice Turner, The Times of London Until just a few years ago, gender dysphoria—severe discomfort in one's biological sex—was vanishingly rare. It was typically found in less than .01 percent of the population, emerged in early childhood, and afflicted males almost exclusively. But today whole groups of female friends in colleges, high schools, and even middle schools across the country are coming out as "transgender." These are girls who had never experienced any discomfort in their biological sex until they heard a

coming-out story from a speaker at a school assembly or discovered the internet community of trans "influencers." Unsuspecting parents are awakening to find their daughters in thrall to hip trans YouTube stars and "gender-affirming" educators and therapists who push life-changing interventions on young girls—including medically unnecessary double mastectomies and puberty blockers that can cause permanent infertility. Abigail Shrier, a writer for the Wall Street Journal, has dug deep into the trans epidemic, talking to the girls, their agonized parents, and the counselors and doctors who enable gender transitions, as well as to "detransitioners"—young women who bitterly regret what they have done to themselves. Coming out as transgender immediately boosts these girls' social status, Shrier finds, but once they take the first steps of transition, it is not easy to walk back. She offers urgently needed advice about how parents can protect their daughters. A generation of girls is at risk. Abigail Shrier's essential book will help you understand what the trans craze is and how you can inoculate your child against it—or how to retrieve her from this dangerous path.

Best Sellers - Books :

- [American Prometheus: The Triumph And Tragedy Of J. Robert Oppenheimer](#)
- [It Ends With Us: A Novel \(1\)](#)
- [8 Rules Of Love: How To Find It, Keep It, And Let It Go By Jay Shetty](#)
- [I Will Teach You To Be Rich: No Guilt. No Excuses. Just A 6-week Program That Works \(second Edition\) By Ramit Sethi](#)
- [The Untethered Soul: The Journey Beyond Yourself By Michael A. Singer](#)
- [Things We Hide From The Light \(knockemout Series, 2\)](#)
- [The Alchemist, 25th Anniversary: A Fable About Following Your Dream](#)
- [To Kill A Mockingbird By Harper Lee](#)
- [If Animals Kissed Good Night](#)
- [If Animals Kissed Good Night By Ann Whitford Paul](#)