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# You're Angry Throw A Fit Or Talk It Out Making Good Choices

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What You Can Learn from the Baddest Boy in the Bible

When I Feel Angry

Psyche-smart Autism

You Can Handle Conflict: Hands or Words?

You Can Listen to Directions

You Can Make Changes

Peaceful Parent, Happy Kids

Love, Sex, and Marriage

Getting Over Getting Mad

Taking Out Your Emotional Trash

Shattering the Myth: Plays by Hispanic Women

How to Stay Married for the Sake of Your Children and Still Be Happy

How to Stop Yelling and Start Connecting

You Get What You Get

Relationships

Tough Kids, Cool Counseling

You Can Stay in Control: Wild or Calm?

Ask Or Ignore?

What Angry Kids Need

Two Monsters and Me - Everybody Gets Angry

How to Control Your Emotions and Become a Calmer, Peaceful Parent to Raise

Confident and Happy Kids

You Can Listen to Directions: Stop or Go?

Claiming the Life You Were Meant to Live

Imperfect Harmony

Maintaining Your Passion Without Losing Your Cool

Making Deeper Connections in Marriage

You Can Control Your Voice: Loud or Quiet?

Assume Or Find Out?

Scriptures, Stories, and Prayers You Can Share Together

Discover Your Love Style, Enhance Your Marriage

Claiming the Life You Were Meant to Live

A Fun Picture Children's Book about Anger Management.

10-Minute Time Outs for You and Your Kids

You Can Stay in Control

You're in Trouble: Fib or Truth?  
Finding Your Own North Star  
The Samson Syndrome  
You Can Respect Differences  
Regaining Control When Your Child Is Out of Control

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## **RODGERS ANTONIO**

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**What You Can Learn from the  
Baddest Boy in the Bible** Thomas  
Nelson

During conflict will you use your hands or words? If you're angry, will you throw a fit or talk it out? Learning how to make good choices is an important and essential part of growing up. With multiple endings, each book allows the reader to make choices and read what

happens next, learning how good or bad choices lead to different consequences. In this illustrated choose-your-own-ending book, Toby can hardly contain his excitement to meet his new baby brother. Will he act wild or stay calm? Readers make choices for Toby and read what happens next, with each story path leading to different consequences. Includes three different endings and discussion questions.

**When I Feel Angry** Amicus Ink  
Children often experience strong and sudden bursts of emotion. Learning how

to manage their emotions in a healthy way is essential for their social development as well as their own wellbeing. Helping your child navigate their emotions can feel like an enormous challenge, but it doesn't have to be: "Two Monsters and Me" is here to help! In this self-help book for kids, Milo and two friendly monsters learn about anger, self-control, and manners while playing together and tackling common, everyday challenges. The book offers practical solutions for parents on how to calm and redirect their child's anger, as well as how to help them understand and manage this emotion. Self-regulation and tolerance are essential social skills and will improve your child's emotional health. Using fun and simple activities, this anger management picture book for

children helps you teach your child how to recognize and cope with anger. While reading together, you will teach your toddler how to manage their anger in a healthy, positive way, and help your child grow confident and self-assured.

Why is "Two Monsters and Me" a perfect choice for kids aged 4 to 8?

*Psyche-smart Autism* Candlewick Press  
A groundbreaking guide to raising responsible, capable, happy kids Based on the latest research on brain development and extensive clinical experience with parents, Dr. Laura Markham's approach is as simple as it is effective. Her message: Fostering emotional connection with your child creates real and lasting change. When you have that vital connection, you don't need to threaten, nag, plead, bribe—or

even punish. This remarkable guide will help parents better understand their own emotions—and get them in check—so they can parent with healthy limits, empathy, and clear communication to raise a self-disciplined child. Step-by-step examples give solutions and kid-tested phrasing for parents of toddlers right through the elementary years. If you're tired of power struggles, tantrums, and searching for the right "consequence," look no further. You're about to discover the practical tools you need to transform your parenting in a positive, proven way.

You Can Handle Conflict: Hands or Words? Parenting Press, Inc.

"There ain't no mourners on Boot Hill." Humorous, frank, painful, overcoming, revealing...just a few ingredients in this

tale of one man's journey into victorious living. "The Good," "The Bad," and "The Ugly" are three distinct sections in this author's life, but they all come together in the fourth, showing God's magnificent power. "Hit the floor," says the author, "then stand up and get ready to fly! For God brings you out of your darkest cave and onto the center stage of lights, all for the accomplishing of his eternal purpose. This book is for you if you need... - hope of conquering another's bullying, - instructions for winning over codependency and depression, - more proof God is standing by and ready to make you a winner, - or a jolt to conquer complaining and start encouraging. It's the fire that will ignite new choices and make you too...an overcomer! Larry West is the author, public speaker, radio

personality, and Christian leader of an evangelism movement called We Care Ministries. He is the father of Missy Robertson of A&E's successful reality show Duck Dynasty. "It's all a matter of better choices," says the author. "Each must choose!"

### **You Can Listen to Directions** Making Good Choices

New York Times best-selling author Lisa Bevere encourages women to stop hurting the ones they love, to learn to say things so they'll be heard, to get rid of bitterness, and to find forgiveness for themselves. Conflict - it's unavoidable. Therefore, each of us must learn to manage it successfully. But what if we can't? What if anger has us out of control and out of hand? You're passionate and losing your cool. Or perhaps worse -

you're depressed and wrought with fear because you've turned the destructive force of rage on yourself. Anger controlled Lisa for years, exacting a devastating toll upon her life and relationships. Desperate, Lisa cried out to God . . . and found help. If you, too, are at a turning point - longing for change yet stuck in a whirlwind of fury and rage - *Be Angry, But Don't Blow It* will help you regain control. Sharing all she has learned about handling this powerful emotion, Lisa discusses how you can: Learn to say things so you'll be heard Move beyond mere apologies into genuine confession Yank the defiling root of bitterness Find forgiveness and release for yourself This book interweaves powerful scriptural truths with practical, personal examples and

prayer. Readers will learn to channel passionate emotions constructively. Anger is not wrong, it is how we express it and how far we take it that determines the outcome. For those really ready to be honest and get free, this book will light the way. *Be Angry, But Don't Blow* It also includes a three-week program to help move you from destructive to constructive anger and recapture the healthy passion God wants you to have.

**You Can Make Changes** Albert Whitman & Company

Introduces the author's step-by-step plan for identifying core desires and acting upon them to create successful, satisfying, and more fulfilling lives.

Peaceful Parent, Happy Kids

Independently Published

Melvin likes to throw a tantrum when he

does not get what he wants, but he learns that the classroom rule, "you get what you get and you don't throw a fit" applies at home as well.

*Love, Sex, and Marriage* Conari Press Filled with strategies about managing anger, this guide to "getting over" bad feelings teaches readers how to effectively manage stress, conflict, and violence. Original.

Getting Over Getting Mad Amicus Illustrated

In this illustrated choose-your-own-ending book, Eric is excited to be at the mall and has trouble staying near his dad. Readers make choices for Eric and read what happens next, with each story path leading to different consequences. Includes three different endings and discussions questions.

*Taking Out Your Emotional Trash*

Macmillan

What Angry Kids Need is a short, practical guide that- Helps you understand why your child might be angry, Gives you a number of effective ways to help your child, Shows you how to improve the quality of life in your home, Angry kids need support to deal with their feelings. They also need to be taught how to manage their behavior. By teaching them feelings language and coping skills, you improve the quality of their lives and yours as parents or care givers. Even if you decide your child or family needs professional help, there is much you can do to improve the situation right now! This book shows you the path to take. Book jacket.

*Shattering the Myth: Plays by Hispanic*

Women Christian Faith Publishing, Inc.

During conflict will you use your hands or words? If you're angry, will you throw a fit or talk it out? Learning how to make good choices is an important and essential part of growing up. With multiple endings, each book allows the reader to make choices and read what happens next, learning how good or bad choices lead to different consequences. In this illustrated choose-your-own-ending book, George breaks his mother's lamp and is afraid to tell her the truth. Readers make choices for George and read what happens next, with each story path leading to different consequences. Includes three different endings and discussion questions.

How to Stay Married for the Sake of Your Children and Still Be Happy You're



Angry: Throw a Fit or Talk it Out? Ten Lectures on Cognitive Linguistics presents ten lectures, in both audio and transcribed text, given by George Lakoff in Beijing in April 2004. Lakoff gives an account of the background of cognitive linguistics, and basic mechanisms of thought, grammar, neural theory of language, metaphor, implications for Philosophy, and political linguistics. He does so in a manner that is accessible for anyone, including undergraduate level students and a general audience. With the massive experience of being a linguist for over 50 years, and being one of the founding fathers of the field, George Lakoff is one of the best possible experts to introduce Cognitive Linguistics to anyone. The lectures for this book were given at The China

International Forum on Cognitive Linguistics in April 2004.

*How to Stop Yelling and Start Connecting*  
Amicus Illustrated

In this illustrated choose-your-own-ending book, Toby can hardly contain his excitement to meet his new baby brother. Will he act wild or stay calm? Readers make choices for Toby and read what happens next, with each story path leading to different consequences. Includes three different endings and discussion questions.

You Get What You Get Arte Publico Press  
Is your relationship with your children a series of shouting matches punctuated by dead silences? Have several people mentioned to you that you're frequently angry and shouting at your children? Do you ever wish you hadn't let them take

over your life? Do you ever make a resolution not to lose your temper, but then repeatedly fail to follow through? Do you ever scream and shout at them, strike them with your fists, throw things around, or smash them in a fit of rage? Have you acted this way for more than a month, or even a couple of years? This book was written with the intention of assisting parents just like you.... Ellen Hewitson has compiled a wealth of practical advice and psychological insights that will help you begin changing your relationship with your child or children. You may feel trapped and hopeless, but rest assured that it is possible to calm yourself, gain your child's attention and understanding, and begin building stronger family relationships. You will comprehend the

source of your outbursts of anger within yourself; You will gain an understanding of how to manage your emotions; You will learn numerous practical tips that will assist you in dealing with your children more effectively. This is a book to assist you, the parent, in assisting yourself. The advice is for you to manage your children - regardless of their age. Being a parent is difficult. Discover how to make life easier for both you and your child. After all, your child is your baby, and don't you want to learn how to best prepare them for life? If you're ready to break the cycle of screaming and learn a new way to parent, order this book Now!

**Relationships** B&H Publishing Group  
“We have to talk.” For many men, these are the four worst words in the English

language, especially when they're uttered by a female partner. But it doesn't have to be that way, argue Samuel Shem and Janet Surrey in their pathbreaking and practical new book. "Male relational dread"—that all-too-familiar reaction set off by women's "relational yearnings"—can be tamed, and in its place can emerge true satisfaction for men and women. To demonstrate how this is done, Shem and Surrey take us behind the scenes of their popular workshops. We hear couples speak intimately about anger, guilt, resentment, shame, and sex. We watch them wrestle collectively with the gender divide in their relationships—the deep disconnects, or "impasses," that reflect the vastly different developmental paths men and women

have traveled. We see couples learn to bridge the poles of dread and yearning, to emerge from isolation into mutuality. We witness their moments of sadness, humor, and, ultimately, discovery. Filled with moving stories of real people struggling with real problems, *We Have to Talk* shatters the "rules" and offers dramatic proof that men and women are not from different planets after all. It is certain to be seen as the relationship book for the new millennium.

Tough Kids, Cool Counseling Basic Books  
New York Times bestselling author and Life Designs, Inc. creator Martha Beck shares her step-by-step program that will guide you to fulfill your own potential and create a joyful life. In this book, you'll start by learning how to read the internal compasses already built into

your brain and body--and why you may have spent your life ignoring their signals. As you become reacquainted with your own deepest desires, you'll identify and repair any unconscious beliefs or unhealed emotional wounds that may be blocking your progress. This will change your life, but don't worry--although every life is unique, major transformations have common elements, and Beck provides a map that will guide you through your own life changes. You'll learn how to navigate every stage, from the first flickering appearance of a new dream to the planning and implementation of your own ideal life. Based on Dr. Beck's work as a Harvard-trained sociologist, research associate at Harvard Business School, instructor at Thunderbird Business School, and

especially on her experiences with her clients over the last six years, *Finding Your Own North Star* offers thoroughly tested case studies, questionnaires, and exercises to help you articulate your core desires and act on them to build a more satisfying life. "Explorers depend on the North Star when there are no other landmarks in sight. The same relationship exists between you and your right life, the ultimate realization of your potential for happiness. I believe that a knowledge of that perfect life sits inside you just as the North Star sits in its unaltering spot." -- Martha Beck  
[You Can Stay in Control: Wild or Calm?](#)  
 Amicus Ink  
 What needs to grow and what needs to go? Licensed psychologist and author Georgia Shaffer asks women this vital

question as she encourages them to recognize and let go of the unhealthy, toxic emotions and lies they hold onto and replace them with godly truths. With a strong biblical foundation, Shaffer offers encouragement, insightful questions, practical steps, and personal prayers to help readers release destructive guilt and insecurities by embracing their value in God reduce anxiety by addressing their deepest fears with God's wisdom experience greater intimacy and honesty in their relationships increase their physical energy and spiritual peace in God's strength turn from unrealistic expectations toward realistic expectations and positive goals Readers will discover hope and renewal as they watch God transform their trash into

treasure through His mighty grace.

**Ask Or Ignore?** Harmony

What Determines How You Love? Each of us relates to our spouse based on how we experienced love as a child. In this expanded and enhanced companion workbook to How We Love, relationship experts Milan and Kay Yerkovich offer assessments and conversation starters to help you and your spouse identify your relational patterns and realize how they are affecting you now. Their solution-focused tools help you: \* understand why your spouse relates to you the way he or she does \* learn how to break free from the barriers that make you feel stuck \* see the connection between your personal love style and your childhood \* follow specific, clear goals to create a thriving

marriage \* ask and answer questions strategically with your spouse The Yerkoviches have helped thousands of couples around the world heal and renew their relationships. This eminently practical guide will take your marriage to the new level of intimacy you've always wanted.

John Wiley & Sons

A clinical psychologist with a thriving family practice, Dr. Coleman sees the same situation again and again: Couples enter therapy on the verge of divorce and after several weeks find a renewed sense of joy and interest in their marriage. At last, unhappy couples now have a viable alternative to divorce. In this groundbreaking work, Dr. Joshua Coleman reveals a revolutionary new perspective on marriage and adult

happiness. By suggesting simple yet practical tools to help couples "make over" their lives, Dr. Coleman has taught thousands of people how to live happily together in imperfect harmony.

What Angry Kids Need Penguin

During conflict will you use your hands or words? If you're angry, will you throw a fit or talk it out? Learning how to make good choices is an important and essential part of growing up. With multiple endings, each book allows the reader to make choices and read what happens next, learning how good or bad choices lead to different consequences. In this illustrated choose-your-own-ending book, Eric is excited to be at the mall and has trouble staying near his dad. Readers make choices for Eric and read what happens next, with each story

path leading to different consequences. Includes three different endings and discussions questions.

Best Sellers - Books :

- [How To Win Friends & Influence People \(dale Carnegie Books\)](#)
- [It's Not Summer Without You](#)
- [Baking Yesteryear: The Best Recipes From The 1900s To The 1980s](#)
- [Verity By Colleen Hoover](#)
- [Haunting Adeline \(cat And Mouse Duet\) By H. D. Carlton](#)
- [Brown Bear, Brown Bear, What Do You See?](#)
- [Things We Never Got Over \(knockemout\)](#)
- [The Body Keeps The Score: Brain, Mind, And Body In The Healing Of Trauma By Bessel Van Der Kolk M.d.](#)
- [November 9: A Novel By Colleen Hoover](#)
- [Atomic Habits: An Easy & Proven Way To Build Good Habits & Break Bad Ones By James Clear](#)