
Clinical Handbook Of Marital Therapy

Casebook of Marital Therapy
 Handbook of Family and Marital Therapy
 Couple and Family Therapy
 Clinical Handbook of Couple Therapy
 Common Factors in Couple and Family Therapy
 Handbook of Counseling Military Couples
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 Handbook Of Structured Techniques In Marriage And Family Therapy
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 10 Principles for Doing Effective Couples Therapy (Norton Series on Interpersonal Neurobiology)
 The Handbook of Marriage and Marital Therapy
 Marriage Clinic
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 Clinical Handbook of Couple Therapy, Third Edition
 Handbook of Family Therapy
 Marital Therapy
 Handbook of Clinical Issues in Couple Therapy
 Marital and Family Therapy
 Textbook of Family and Couples Therapy
 Clinical Handbook of Marital Therapy
 Clinical Manual of Couples and Family Therapy
 Handbook of Couples Therapy
 Multicultural Couple Therapy
 Handbook of Clinical Issues in Couple Therapy
 Treating Difficult Couples
 The Marriage Clinic Casebook
 Couples Therapy, Multiple Perspectives
 Marital Therapy
 Handbook of Clinical Family Therapy
 Clinical Interventions in Systemic Couple and Family Therapy
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 Couple Therapy
 Handbook of Clinical Issues in Couple Therapy

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Casebook of Marital Therapy American Psychiatric Pub
 "Gottman compares his clinic to a restaurant, where clients are offered a menu of treatment formats, from psychoeducation for specific issues to extended therapy to repair a badly damaged marital friendship. Therapists, too, can choose among the questionnaires and strategies those that fit the needs of particular couples."--BOOK JACKET.
Handbook of Family and Marital Therapy Wiley
 From the country's leading couple therapist duo, a practical guide to what makes it all work. In *10 Principles for Doing Effective Couples Therapy*, two of the world's leading couple researchers and therapists give readers an inside tour of what goes on inside the consulting rooms of their practice. They have been doing couples work for decades and still find it challenging and full of learning experiences. This book distills the knowledge they've gained over their years of practice into ten principles at the core of good couples work. Each principle is illustrated with a clinically

compiled case plus personal side-notes and storytelling. Topics addressed include: • You know that you need to "treat the relationship," but how are you supposed to get at something as elusive as "a relationship"? • How do you empathize with both clients if they have opposite points of view? Later on, if they end up separating does that mean you've failed? Are you only successful if you keep couples together? • Compared to an individual client, a relationship is an entirely different animal. What should you do first? What should you look for? What questions should you ask? If clients give different answers, who should you believe? • What are you supposed to do with all the emotional and personal history that your clients stir up in you? • How can you make your work research-based? No one who works with couples will want to be without the insight, guidance, and strategies offered in this book.

Couple and Family Therapy Routledge

This book has been replaced by *Clinical Handbook of Couple Therapy, Sixth Edition*, edited by Jay L. Lebow and Douglas K. Snyder, ISBN 978-1-4625-5012-8.

Clinical Handbook of Couple Therapy Guilford Publications

This new edition of *Couples Therapy* tackles four challenges

currently facing the field: (1) accountability and the increasing demands for demonstrating effectiveness as a condition for reimbursement, (2) the need for practitioners to reconfigure their practice patterns in an ever-involving health-care system, (3) training mental health practitioners who have not completed marital and family therapy (MFT) programs, and (4) integrating new couples approaches and interventions into everyday clinical practice. The book offers a focused vision and successful strategies for working effectively with couples, both today and tomorrow. It incorporates the best insights from the neurosciences as well as new couples theories, research, and evidence-based interventions, introducing approaches including psychoanalytic, systemic, cognitive behavioral, Adlerian, constructivist, third wave, integrative, and mindfulness-based. Chapters also present practical applications and professional considerations, with a comprehensive look at how to work with diverse issues in couples therapy, such as substance abuse, domestic violence, sexual dysfunction, infidelity, aging, and much more. This third edition of *Couples Therapy* is an essential resource for students as well as mental health practitioners, social workers, and family counselors who are keen to better meet the needs of couples and the demands of the changing healthcare landscape.

Common Factors in Couple and Family Therapy Routledge
Handbook of Counseling Military Couples provides expert analyses of the special issues that come up for military couples and guides clinicians through the process of addressing them productively.

Handbook of Counseling Military Couples Guilford Press
This book surveys the state of the science and practice of today's couple and family therapy, looking beyond single models of treatment to instead present an integrative view of the field and its methods of practice.

Common Factors in Couple and Family Therapy Routledge
This timely update presents modern directions in systemic therapy practice with couples and families, focusing on clinical innovations from Italy, Portugal, and Spain. Top therapists discuss their breakthrough family work in treating familiar pathologies such as depression, borderline personality disorder, infidelity, and addictions, providing first-hand insight into meeting relational dysfunction with creativity and resourcefulness. The book applies novel conceptualizations and fresh techniques to complex situations including multi-problem families, involuntary clients, disability-related issues, anorexia, love and sex in aging, and family grief. From tapping into the strengths of siblingship to harnessing the therapeutic potential of the Internet, the book's cases illustrate the rich variety of opportunities to improve client outcomes through systemic couple and family therapy. This practical guide: Demonstrates strategies for therapists to improve practice Exemplifies methods for reducing the gap between clinical theory and practice Identifies multiple dimensions of systems thinking in case formulation and therapy Offers new insights into treating classic and recent forms of psychopathology Provides a representative picture of couple and family therapy in southern Europe
Clinical Interventions in Systemic Couple and Family Therapy is of particular relevance to practitioners and clinicians working within couple and family therapy, and is also of interest to other professionals working in psychotherapy and professional mental health services.

Handbook of Marital Therapy W. W. Norton & Company
The latest theory, research, and practice information for family therapy The last twenty years have seen an explosion of new, innovative, and empirically supported therapeutic approaches for treating families. Mental health professionals working with families today apply a wide range of approaches to a variety of

situations and clients using techniques based on their clinically and empirically proven effectiveness, their focus on specific individual and relational disorders, their applicability in various contexts, and their prominence in the field. In this accessible and comprehensive text, each chapter covers specific problems, the theoretical and practical elements of the treatment approach, recommended intervention strategies, special considerations, supporting research, and clinical examples. The contributors provide step-by-step guidelines for implementing the approaches described and discuss particular issues that arise in different couple, family, and cultural contexts. *Handbook of Clinical Family Therapy* covers treatment strategies for the most common problems encountered in family therapy, including: Domestic violence Adolescent defiance, anxiety, and depression Trauma-induced problems Stepfamily conflicts ADHD disruption Substance abuse in adults and adolescents Couple conflict and divorce Chronic illness A detailed reference for today's best treatment strategies, the *Handbook of Clinical Family Therapy* brings together the top practitioners and scholars to produce an innovative and user-friendly guide for clinicians and students alike.

Clinical Casebook of Couple Therapy Guilford Publication
This new *Handbook of Family Therapy* is the culmination of a decade of achievements within the field of family and couples therapy, emerging from and celebrating the dynamic evolution of marriage and family theory, practice, and research. The editors have unified the efforts of the profession's major players in bringing the most up-to-date and innovative information to the forefront of both educational and practice settings. They review the major theoretical approaches and break new ground by identifying and describing the current era of evidence-based models and contemporary areas of application. The *Handbook of Family Therapy* is a comprehensive, progressive, and skillful presentation of the science and practice of family and couples therapy, and a valuable resource for practitioners and students alike.

Handbook Of Structured Techniques In Marriage And Family Therapy Springer Science & Business Media

Insight into the current issues impacting couple therapy The *Handbook of Clinical Issues in Couple Therapy* is a comprehensive overview of emerging issues that impact couple therapy, all in a single volume. While other guides concentrate more on the approaches themselves, this invaluable source provides the latest research and perspectives every clinician needs when dealing with challenging issues often found in practice.

Practitioners get a clear view of the aspects of problems they must consider to be most effective when providing therapy to couples. This carefully referenced book is divided into five important areas. The *Handbook of Clinical Issues in Couple Therapy* discusses in detail several of the most crucial aspects of each major issue. Biological and physiological issues include mental illness, addictions, and sex therapy. Traumatic issues deals with the difficult aspects of domestic violence and infidelity. Relationship issues reviews divorce therapy and remarriage. Sociological issues include the cultural, spiritual, and feminist aspects of therapy. The book also includes a helpful review on the training of couple therapists. Issues explored by the *Handbook of Clinical Issues in Couple Therapy* include: how the objective biological processes of the brain affect interpersonal relationships mental disorders and marital discord how couple dynamics impact the immune, endocrine, and cardiovascular systems how medical problems affect a couple's relationship addictions sexuality theory and therapy intimate partner violence post traumatic stress disorder and its effect on couple relationships the latest in infidelity research and treatment

divorce therapy remarriage and cohabitation issues cultural issues same-sex relationships spirituality and religion feminism issues in couple therapy enrichment approaches premarital counseling approaches couple therapist training The Handbook of Clinical Issues in Couple Therapy is valuable, insightful reading for couple therapists, family therapists, counselors, psychologists, social workers, pastoral counselors, educators, and graduate students.

Couples in Treatment Guilford Publications

This book is designed to help entry-level marital therapists learn the concepts and skills necessary for effective practice. The authors emphasize the concepts and skills necessary for effective practice and focus on the current trends toward accountability and the requirements of mental health care brought about by the managed care environment. Stressing the relational perspective, the text helps readers to learn how to develop multiple views of the problem and select appropriate skills.

10 Principles for Doing Effective Couples Therapy (Norton Series on Interpersonal Neurobiology) Routledge

Most traditional couple therapy models are based on the Eurocentric, middle-class value system and are not effective for today's psychotherapists working in multicultural settings. Multicultural Couple Therapy is the first "hands-on" guide for integrating couple therapy with culture, race, ethnic identity, socioeconomic status, religious beliefs, sexual orientation, and immigration experiences. The editors and a culturally diverse group of contributors follow a common outline of topics across chapters, related to theory, research, practice, and training. They report on the application of major evidence-based models of couple therapy and demonstrate the integral role played by contextually based values involved in relationships, conflict, and resolution. Key Features Presents a multiperspective approach that focuses on specific cultural issues in couple therapy Creates a cultural context for couples to help readers better understand key issues that affect relationships Features a series of compelling "Case Examples" from the authors' personal therapeutic experience in treatment with couples from diverse backgrounds Includes "Additional Resource" sections, including suggested readings, films, and Web sites, as well as experiential exercises and topics for reflection Intended Audience This groundbreaking book provides an in-depth resource for clinicians, supervisors, educators, and students enrolled in courses in couple therapy, marriage and family therapy, and multicultural counseling who are interested in how diverse clients define conflicts and what they consider to be functional solutions.

The Handbook of Marriage and Marital Therapy Routledge

This essential handbook describes effective treatments for a particularly challenging clinical population: couples struggling with both relationship distress and individual mental health difficulties. Distinguished scientist-practitioners provide detailed accounts of their respective approaches, reviewing conceptual and empirical foundations as well as clinical procedures. Included are well-established treatments for couples in which one or both partners has anxiety, mood disorders, schizophrenia, substance abuse, sexual dysfunction, or physical aggression. Also covered are emerging couple-based approaches to managing personality disorders, PTSD, difficulties related to aging and physical illness, and other problems. Following a standard format to facilitate comparison across treatments, each chapter is illustrated with detailed case material. Provided are powerful insights and tools for couple and family therapists, clinicians providing individual therapy, and students in any mental health discipline.

Marriage Clinic Springer

First Published in 1986. Routledge is an imprint of Taylor & Francis, an informa company.

Clinical Handbook of Couple Therapy Routledge

Family and marital therapies are rapidly becoming highly used methods of treatment of mental disorders and are no longer ancillary methods to individual psychotherapy. The last few decades have brought about an increasing awareness of the fact that, excluding organic etiology, practically all mental disorders are caused, fostered, and/or related to faulty interpersonal relations. As a rule, the earlier in life one is exposed to noxious factors, the more severe is the damage. Thus, early child-parents' and child-siblings' interactions are highly relevant determinants of mental health and mental disorder. Moreover, parents themselves do not live in a vacuum. Their marital interaction significantly contributes to their own mental health or to its decline, and parent-child relationships are greatly influenced by the nature of intraparental relationships. Parental discord, conflicts, and abandonment affect the child's personality development. Thus, family and marital therapy is more than therapy; it is an important contribution to the prevention of mental disorder. The present volume is comprised of three parts. The first, primarily theoretical, analyzes the fundamental aspects of marital and family therapy. The second part describes the various therapeutic techniques and the last deals with several specific issues. It gives me great pleasure to acknowledge my gratitude to my coeditor, Dr. George Stricker. Without his thorough and devoted efforts, this volume could not have come into being. I am also profoundly indebted to our consulting editors, Dr. James Framo, Dr.

Clinical Handbook of Couple Therapy, Third Edition American Psychiatric Pub

An ideal supplemental text, this instructive casebook presents in-depth illustrations of treatment based on the most important couple therapy models. An array of leading clinicians offer a window onto how they work with clients grappling with mild and more serious clinical concerns, including conflicts surrounding intimacy, sex, power, and communication; parenting issues; and mental illness. Featuring couples of varying ages, cultural backgrounds, and sexual orientations, the cases shed light on both what works and what doesn't work when treating intimate partners. Each candid case presentation includes engaging comments and discussion questions from the editor. See also *Clinical Handbook of Couple Therapy, Fourth Edition*, also edited by Alan S. Gurman, which provides an authoritative overview of theory and practice.

Handbook of Family Therapy Guilford Publications

Couples Therapy, Multiple Perspectives is a springboard from which therapists may begin to answer such questions as What are the ingredients essential to good relationships? What are the ingredients essential to activity within the psychotherapeutic relationship? How can what therapists know regarding psychotherapy be combined to create a whole greater than the sum of its parts? Barbara Jo Brothers aids therapists in answering these and other questions about the basic ingredients, the common denominators, and the universal threads of work with couples from exploring the theories and methods of successful therapists. As there are many ways of looking at couples therapy, this volume encourages therapists to work cooperatively, not competitively, in developing clients' possibilities. *Couples Therapy, Multiple Perspectives* is intended to assist therapists working with couples achieve a broader view of their work and a richer range of choices in helping their clients. Every article, especially the two by master therapists Florence Kaslow and Maurizio Andolfi, moves readers toward a tapestry of therapeutic possibilities. Features of *Couples Therapy, Multiple Perspectives* include an in-depth look at the ingredients of a successful marriage, or, what makes marriages work for the long-term by

Florence Kaslow; an article by Maurizio Andolfi, translated by Vincenzo DiNicola, which brings together an excellent integration of theories, including those of Bowen, Framo, and Whitaker. Andolfi describes a transgenerational approach to work with couples in crisis, with a case example of the value of doing family-of-origin work in the initial phase of therapy. In an interview segment with Virginia Satir (with Sheldon Starr, PhD, in 1985), she explores how all good therapy has essentially the same ingredients. Readers will find Satir's ideas timeless and thought provoking; indeed they may re-evaluate their own position and theories on therapy with couples.

Marital Therapy W. W. Norton & Company

In the treatment of marital problems, behaviorally oriented and communication oriented approaches have been in conflict and seen as contrasting and unlikely bed partners. Many therapists, focusing on communication skills, have felt that behaviorists were too structured and uncaring; on the other hand, behaviorists have considered humanistic therapists as being "touchy-feely," vague, and unfocused. However, in the Handbook of Marital Therapy, Liberman, Wheeler, de Visser, and the Kuehnelns have wedded these two potent approaches into an integrated framework that makes them loving bed partners. With over a decade of experience in applying behaviorally oriented treatment to couples, Liberman and his co-authors have developed an educational model that focuses on teaching specific communication skills to couples. The communication skills they describe have been used extensively in all types of marital therapy, regardless of the therapist's theoretical orientation. The unique contribution of this book is that the authors provide a step-by-step approach to teaching these communication skills within a behavioral framework. Each chapter guides the therapist through the many issues and problems confronting him or her as a change agent. This highly readable book is enhanced by a liberal use of case examples. Emphasis is given to homework and structured sessions that focus on increasing specific communication skills in a sequential manner. The advantages of working with couples in a group setting are discussed, and concrete suggestions on how to manage these groups are clearly presented.

Handbook of Clinical Issues in Couple Therapy American Psychiatric Pub

The majority of people, in cultures worldwide, seek fulfillment and happiness in marriage and couples relationships. Many mental health professionals now find they are increasingly consulted when such relationships encounter difficulties that threaten the wellbeing of the couples involved. The costs of such difficulties can be high, to society, to children and to other family members, in both emotional and economic terms. Psychologists, psychiatrists, therapists, counsellors and social workers will find in this uniquely comprehensive handbook a critical review of knowledge in this wide field, as well as a guide to best practice in its many areas of intervention. The scope of the handbook includes an overview of healthy, normal marriage processes, the major influences on marital quality and stability, the interaction

between individual adjustment, environmental events, and relationship satisfaction, and interventions designed to assist couples to enhance their relationship. The emphasis in the chapters which review research is on explicating the implications of current state-of-the-art knowledge for assessment and intervention with couples. Over half the book comprises detailed guidelines on how to conduct interventions for relationship problems. This includes work on different approaches to couples therapy, adapting couples therapy to the needs of couples in which one partner has significant individual psychopathology, working with just one partner, responding to crises initiated by extramarital affairs, mediating divorce, and working with families in which there are combined marital and parenting difficulties.

Marital and Family Therapy Guilford Press

In the past decade, family therapy has evolved from a loosely defined aggregate of approaches to a mature field with codified schools of theoretical systems and concepts. Textbook of Family and Couples Therapy: Clinical Applications is the first book to draw together theories and techniques from these various schools and combine them with specific clinical approaches in a single comprehensive resource. Under the editorial direction of acclaimed expert G. Pirooz Sholevar, Textbook of Family and Couples Therapy presents the current body of theoretical knowledge in the field along with the latest practical applications for working with couples and families. The book is divided into seven major sections: Family Therapy: Theory and Techniques; Family Assessment; Family Therapy With Children and Adolescents; Marital Therapy; Family Therapy With Different Disorders; and Research in Family and Marital Therapy. Most sections begin with overview chapters to lay the groundwork for clinical applications. With contributions from today's leading practitioners, Textbook of Family and Couples Therapy includes unique features such as: Family therapy approaches to specific mental disorders, including depression, psychiatric hospitalization, alcohol and substance abuse, incest, and personality disorders Specific guidance for working with couples, with detailed approaches to problems such as sexual dysfunction, divorce, remarriage, and stepfamilies -- invaluable for practicing in today's society The unique considerations of treating children in a family therapy context with practical applications such as whole-family intervention and a method for parent management training An overview of the evolution and theoretical underpinnings of family therapy which helps readers develop a solid foundation of understanding to support their clinical knowledge The latest information on issues related to gender, culture, and ethnicity and how they affect family therapy important for enhancing awareness and understanding The state of family therapy research today and future research directions with perspectives from leading academics to point the way Blending theoretical training and up-to-date clinical strategies, Textbook of Family and Couples Therapy is a landmark event in the field. It is a must for clinicians who are currently treating couples and families -- and a major resource for training future clinicians in these highly effective therapeutic techniques.

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