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Karate | Origin, Description, & History
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(空手) (/ k ə ' r ə : t i /; Japanese
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Karate | UK Sport TO KEEP public and students in particular healthy, the Vidarbha Karate Association wants sports activities to start soon. After the lockdown there were some concessions in holding of certain sports events. But no indoor activity is still permitted and there is also restriction on number of participants.

Vidarbha Karate Association, Nagpur organised a small programme at Swami Vivekanand Smarak ... Vidarbha Karate Association wants sports activities to

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Home [www.omakarate.org] Buddhism, Taoism, and the code of Bushido have all played parts in the development of the martial arts philosophy. Karate in its modern form was established around 400 years ago in Japan, with its roots mainly derived from Chinese Kung Fu. See Step 1 below to start teaching yourself the basics of this art form.

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