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Cosmic Order and Cultural Astronomy
The Endometrium
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A Cultural History of Tarot

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Charaka Samhita
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THOMAS ALICE

The Sushruta Samhita: An English Translation Based on Original Texts

Cambridge University Press

Best known as Machig Labdron's teacher, the Indian mahasiddha Padampa Sangye is counted as a lineage guru by all schools of Tibetan Buddhism. He brought the lineage of Chöd to Tibet, carried the Buddha's teachings to China, and is even asserted in the Tibetan tradition to have been the legendary Bodhidharma. Padampa Sangye's

teaching methods were unorthodox and sometimes extreme. This transcendent and irascible teacher encouraged his disciples to disregard social conventions, disdain social contacts, and go beyond their cultural conditioning. He inspired innumerable highly realized disciples, many of whom were women. Lion of Siddhas presents two extraordinary texts: a biography of Padampa Sangye, and a rare collection of his verbal and nonverbal teachings called Mahamudra in Symbols, recorded by his chief Tibetan disciple almost a thousand years ago. Both are previously untranslated.

First There is a Mountain Little Brown

& Company

On the Haṭha Yoga tradition based on age old practice in Mysore Palace, with illustrations of asanas from the Yoga section of Śrītattvanidhi by Kṛṣṇarāja Vaḍeyara, III, Maharaja of Mysore, fl. 1799-1868; includes English translation of the text.

Dragondoom OUP Oxford

Throughout the Indian subcontinent there are territories and areas wherein culture, geography, and the archetypal cosmos interact with each other to create a sacredscape that is infused with meaning, cultural performances and transcendent power. These sacred sites possess extensive mythological associations where believed that spirit can cross between different realms. In a broad perspective such studies falls

within the realm of cultural astronomy, which has two broad areas, viz. archaeoastronomy, concerned with the study of the use of astronomy and its role in ancient cultures and civilizations; and ethnoastronomy that studies the use of astronomy and its role in contemporary cultures. The seven essays in this volume deals with the critical appraisal of studying cultural astronomy and cosmic order and its implications in India, illustrated with case studies like heritagescape of Khajuraho, where stone speaks; manescape of Gaya, where manes come and bless the devotees; Deviscape of Vindhyaçal, where goddess resorts; Shivascape of Kashi, where Shiva dances in making order; Shaktiscape of Kashi, that possesses the spatial ordering of

goddesses; and Naturscape of Chitrakut, where mother earth blesses.

The Authority of Female Speech in Indian Goddess Traditions Taos Inst Publications

Yoga has come to be an icon of Indian culture and civilization, and it is widely regarded as being timeless and unchanging. Based on extensive ethnographic research and an analysis of both ancient and modern texts, *Yoga in Modern India* challenges this popular view by examining the history of yoga, focusing on its emergence in modern India and its dramatically changing form and significance in the twentieth century. Joseph Alter argues that yoga's transformation into a popular activity idolized for its health value is based on modern ideas about science and

medicine. Alter centers his analysis on an interpretation of the seminal work of Swami Kuvalayananda, one of the chief architects of the Yoga Renaissance in the early twentieth century. From this point of orientation he explores current interpretations of yoga and considers how practitioners of yogic medicine and fitness combine the ideas of biology, physiology, and anatomy with those of metaphysics, transcendence, and magical power. The first serious ethnographic history of modern yoga in India, this fluently written book is must reading not only for students and scholars but also practitioners who seek a deeper understanding of how yoga developed over time into the exceedingly popular phenomenon it is today.

Yoga in Modern India Sterling
Publishing Company

This book explores pilgrimage as experienced in Buddhist, Christian and Muslim faith communities. It addresses shared goals of personal development and communal solidarity as deep human needs. Unique in scope, this richly illustrated catalogue addresses religious diversity in a global perspective. Dating from the 12th century to the present day, 95 historical mementos of pilgrimages provide the focal point for a collection of essays by leading international scholars.

Penguin UK

This contributed volume explores flexible, adaptable, and sustainable solutions to the shockingly high costs of birth across the globe. It presents

innovative and collaborative maternity care practices and policies that are intersectional, human rights-based, transdisciplinary, science-driven, and community-based. Each chapter describes participatory and midwifery-oriented care that helps improve maternal and newborn outcomes within minoritized populations. The featured case studies respond to resource constraints and inequities of access by transforming relations between providers and families or by creating more egalitarian relations among diverse providers such as midwives, obstetricians, and nurses that minimize inefficient hierarchies within maternity care. The authors build on a growing awareness that quality and respectful midwifery care has lower costs and

improved outcomes for child bearers, newborns, and providers. Topics include: Sustainable collaborations including transfers of care among midwives and obstetricians in India, The Netherlands, Germany, United Kingdom, and Denmark Midwifery-oriented, femifocal, indigenous, and inclusive models of care that counter obstetric violence and gender stereotypes in Mexico, Chile, Guatemala, Argentina, and India Doula care and midwifery care for women of color, previously incarcerated women, indigenous women, and other minoritized groups in the global north and south Practices and metrics for improving quality of newborn and maternal care as well as maternal and newborn outcomes in disruptive times and disaster settings Sustainable Birth in

Disruptive Times is an essential and timely resource for providers, policy makers, students, and activists with interests in maternity care, midwifery, medical anthropology, maternal health, newborn health, obstetrics, childbirth, medicine, and global health in disruptive times.

An English Translation of the Sushruta Samhita Based on Original Sanskrit Text
Shambhala Publications

This unique book brings together a wealth of data on the botanical, ethno-medicinal and pharmacological aspects of over 500 species of Asian medicinal orchids. It starts off by explaining the role and limitations of complimentary and herbal medicines, and how traditional Asian medicine differs from Western, “scientific” medicine. The

different Asian medical traditions are described, as well as their modes of preparing herbal remedies. The core of the book presents individual medicinal orchid species arranged by genera. Each species is identified by its official botanical name, synonyms, and local names. Its distribution, habitat and flowering season, uses and pharmacology are described. An overview sums up the research findings on all species within each genus. Clinical observations are discussed whenever available, and possible therapeutic applications are highlighted. The book closes with chapters on the conservation of medicinal orchids and on the role of randomized clinical trials.

The Yoga Tradition of the Mysore Palace
Springer Nature

A thousand years before the Winter War, Elgo, prince of the Vanadurin, killed the Dragon Sleeth and returned home with the fabulous wealth from the dead beast's lair. But there was more in the bounty than gems and gold, for the treasure was cursed, and in time it brought death to noble and peasant, war between Man and Dwarf, strife and destruction beyond reckoning. Now, generations later, as the conflict continues, the great Dragon Black Kalgalath, in league with the Wizard Andrak, appears to avenge Sleeth's death and claim the Dragon-cursed hoard. Against this unholy alliance, two sworn enemies set forth to find a legendary long-lost weapon: a warhammer of incalculable power that may be the only hope of victory. But

neither the Warrior Maiden Elyn nor the Dwarf Thork is prepared for the dangers awaiting them on this quest....

History of Ancient India Penguin UK

The author chronicles her lifelong battle with eating disorders and starvation diets, her journey to India to study at the yoga institute of the renowned B. K. S. Iyengar, and her discovery of a spiritual discipline that helped her find peace.

25,000 first printing.

The Yoga of Power CRC Press

Why is the tulsi considered sacred? What is the significance of namaste? Why do Hindus light a lamp before performing a ritual? Why is it forbidden to sleep facing the south? Why do Hindus chant 'shanti' three times after performing a rite?

Millions of Hindus the world over grow up observing rites, rituals and religious

practices that lie at the heart of Hinduism, but which they don't know the significance of. Often the age-old customs, whose relevance is lost to modern times, are dismissed as meaningless superstitions. The truth, however, is that these practices reveal the philosophical and scientific approach to life that has characterized Hindu thought since ancient times; it is important to revive their original meanings today. This handy book tells the fascinating stories and explains the science behind the Hindu rites and rituals that we sometimes follow blindly. It is essential reading for anyone interested in India's cultural tradition.

Physiological Basis of Aging and Geriatrics Shambhala Publications

A spiritual reformulation of

psychotherapy that starts with an acceptance of relentless impermanence as the ground of human experience and draws from philosophy, kundalini yoga, and the author's own extensive clinical/mediation experience.

American Yoga The Yoga of Power
Chronic respiratory diseases, such as asthma and chronic obstructive pulmonary disease, kill more than 4 million people every year, and affect hundreds of millions more. These diseases erode the health and well-being of the patients and have a negative impact on families and societies. This report raises awareness of the huge impact of chronic respiratory diseases worldwide, and highlights the risk factors as well as ways to prevent and treat these diseases.

Hindu Rites and Rituals Motilal Banarsidass Publ.

The poems of the fourteenth-century Kashmiri mystic Lal Ded, popularly known as Lalla, strike us like brief and blinding bursts of light. Emotionally rich yet philosophically precise, sumptuously enigmatic yet crisply structured, these poems are as sensuously evocative as they are charged with an ecstatic devotion. Stripping away a century of Victorian-inflected translations and paraphrases, and restoring the jagged, colloquial power of Lalla's voice, in Ranjit Hoskote's new translation these poems are glorious manifestos of illumination. L, Lalla Cambridge Scholars Publishing
The Aesthetic Mind breaks new ground in bringing together empirical sciences and philosophy to enhance our

understanding of aesthetics and the experience of art. An eminent international team of experts presents new research in philosophy, psychology, neuroscience, and social anthropology: they explore the roles of emotion, imagination, empathy, and beauty in this realm of human experience, ranging over visual and literary art, music, and dance. Among the questions discussed are: Why do we engage with things aesthetically and why do we create art? Does art or aesthetic experience have a function or functions? Which characteristics distinguish aesthetic mental states? Which skills or abilities do we put to use when we engage aesthetically with an object and how does that compare with non-aesthetic experiences? What does our ability to

create art and engage aesthetically with things tell us about what it is to be a human being? This ambitious and far-reaching volume is essential reading for anyone investigating the aesthetic and the artistic.

Pilgrimage and Faith CRC Press
Drawing from original texts on self-mastery, Evola discusses two Hindu movements--Tantrism and Shaktism--which emphasize a path of action to gain power over energies latent within the body.

The Heart Attack Sutra Bloomsbury Publishing

Ancient treatise on Ayurveda system in Indic medicine. Volume 1 is Sutrasthana. Sanskrit text with English translation and interpretation.

Medicinal Orchids of Asia CRC Press

Bridging the gap between the ancient art of herbalism and the emerging sciences of ethnopharmacology and phytopharmacotherapy, this book highlights the major breakthroughs in the history of the field and focuses on future directions in the discovery and application of herb-derived medicines. Implementing the concept of reverse pharmacology, it introduces Medicinal Plants Rockridge Press

Indian Head Massage covers the fundamentals of the subject, from anatomy and physiology to health and safety, massage routines and marketing techniques. The new edition contains new information on Ayurveda and hair oils and covers the specifications for all major examining boards including the VTCT and ITEC diplomas as well as the

Indian head massage units for Beauty Therapy NVQ 2 and 3. Full of step-by-step photographs, FAQs and definitions, and including a free CD-ROM with interactive revision activities, this is an essential text for all students of Indian head massage.

The Courts of the Deccan Sultanates
Springer Nature

Contemporary debates on “mansplaining” foreground the authority enjoyed by male speech, and highlight the way it projects listening as the responsibility of the dominated, and speech as the privilege of the dominant. What mansplaining denies systematically is the right of women to speak and be heard as much as men. This book excavates numerous instances of the authority of female speech from

Indian goddess traditions and relates them to the contemporary gender debates, especially to the issues of mansplaining and womansplaining. These traditions present a paradigm of female speech that compels its male audience to reframe the configurations of “masculinity.” This tradition of authoritative female speech forms a continuum, even though there are many points of disjuncture as well as conjuncture between the Vedic, Upanishadic, puranic, and tantric figurations of the Goddess as an authoritative speaker. The book

underlines the Goddess’s role as the spiritual mentor of her devotee, exemplified in the Devi Gitas, and re-situates the female gurus in Hinduism within the traditions that find in Devi’s speech ultimate spiritual authority. Moreover, it explores whether the figure of Devi as Womansplainer can encourage a more dialogic structure of gender relations in today’s world where female voices are still often undervalued.

Words from the Soul Simon and Schuster
The Yoga of Power Simon and Schuster

Best Sellers - Books :

- [The Complete Summer I Turned Pretty Trilogy \(boxed Set\): The Summer I Turned Pretty; It's Not Summer Without You; We'll Always Have Summer By Jenny Han](#)
- [Demon Copperhead: A Pulitzer Prize Winner By Barbara Kingsolver](#)

- [The Very Hungry Caterpillar By Eric Carle](#)
- [Fast Like A Girl: A Woman's Guide To Using The Healing Power Of Fasting To Burn Fat, Boost Energy, And Balance Hormones](#)
- [The Democrat Party Hates America](#)
- [The 48 Laws Of Power](#)
- [How To Catch A Mermaid](#)
- [The Going To Bed Book](#)
- [My First Learn-to-write Workbook: Practice For Kids With Pen Control, Line Tracing, Letters, And More! By Crystal Radke](#)
- [The Collector: A Novel](#)