
Monday Mornings Sanjay Gupta

Would I Lie to You?

Keep Sharp Recipes

The Doctors and Medical Miracles that Are Saving Lives Against All Odds

A Dublin Student Doctor

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Blue Boy

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Build a Better Brain at Any Age

Cells Are the New Cure

My Journey from Death to Recovery and the Redemptive Power of Hope

What I've Learned from You

The Cutting-Edge Medical Breakthroughs That Are Transforming Our Health

A Novel

Mistress of the Art of Death

The Fire Kimono

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Remember It!

A Novel

A Neurosurgeon's Lessons on Love, Loss, and Compassion

Keep Sharp

Snooze... or Lose!

Essays

The Lessons of Life Taught to a Doctor by His Patients

Principles and Practices, 3rd Edition

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Perceiving Purpose

A Novel

Amanda Wakes Up

Grief Connects Us

Build a Better Brain at Any Age

Build a Better Brain at Any Age

Heft. Liz Moore

State and Local Taxation

The Names of People You Meet, All of Your Passwords, Where You Left Your Keys,
and Everything Else You Tend to Forget

When I Was a Child I Read Books

A Novel

Those We Love Most

New Discoveries in the Search for Immortality to Help You Age Less Today

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Sanjay Gupta*

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Would I Lie to You?

BenBella Books

Ingenuity and surprise rule in this funny and colorful companion to *Red: A Crayon's Story* written and illustrated by Michael Hall, the New York Times–bestselling creator of *My Heart Is Like*

a Zoo. The crayons are ready to tell the thrilling tale of Frankencrayon.

The costumes are made, the roles are cast, the pages are all set—but then disaster strikes.

Someone has scribbled on the page! Hideous! Horrifying! The story can't go on! Try as they might, the crayons can't erase the scribble, and this picture book must be canceled. Until the

crayons playing the title role of Frankencrayon think of a solution, that is. Michael Hall breaks borders and invites readers behind the scenes with his irresistible, clever style and bold artwork. A book about seeing beauty in unexpected places and the magic of storytelling. [Keep Sharp Recipes](#) HarperCollins As the conflict between Sano Ichiro and his

enemies escalates, the samurai detective and his wife, Reiko, are called in by the shogun to investigate a mysterious skeleton, in a case that forces them to confront perilous, long-buried secrets, including the involvement of Sano's own mother in an arson fire, started by a burning kimono, that nearly destroyed the city. 25,000 first printing.

The Doctors and Medical Miracles that Are Saving Lives Against All Odds Simon and Schuster

In his exceptionally thought-provoking and moving memoir, neurosurgeon Joseph D. Stern explores how personal loss influences the way physicians relate to patients and their families. How does a doctor who deals with the death of patients on a regular basis confront his own loss when his beloved sister is living out her last days? Despite a career as a neurosurgeon, Joseph Stern learned more about the nature of illness and death after his younger sister, Victoria,

developed leukemia than his formal medical training ever taught him. Her death broke down the self-protective barriers he had built to perform his job and led to a profound shift in his approach to medicine. During the year of his sister's illness, Dr. Stern developed a greater awareness of the needs of patients and their families; of the burdens they carry; of the importance of connection, communication, and gratitude; and of what it means to ask the right questions. Grief Connects

Us bridges the gap between patients and doctors, providing a window into their shared concerns. Interspersing reflections from Victoria's journal, stories of patients and colleagues, and insights from experts, Dr. Stern has orchestrated a symphony of voices guiding us toward greater mutual understanding and appreciation of the beauty and fragility of life. No matter which side of the patient-doctor relationship you find yourself on, listening with empathy, a willingness to be

vulnerable, and emotional agility are skills we can all develop to improve how we meet difficult, unavoidable challenges.

A Dublin Student

Doctor St. Martin's Press
This heartbreaking, hilarious, and brutally honest memoir shares the deeply personal life story of a girl next door and her transformation into a household name. For more than forty years, Katie Couric has been an iconic presence in the media world. In her brutally honest, hilarious, heartbreaking memoir,

she reveals what was going on behind the scenes of her sometimes tumultuous personal and professional life - a story she's never shared, until now. Of the medium she loves, the one that made her a household name, she says, "Television can put you in a box; the flat-screen can flatten. On TV, you are larger than life but smaller, too. It is not the whole story, and it is not the whole me. This book is." Beginning in early childhood, Couric was inspired by her journalist father to pursue

the career he loved but couldn't afford to stay in. Balancing her vivacious, outgoing personality with her desire to be taken seriously, she overcame every obstacle in her way: insecurity, an eating disorder, being typecast, sexism . . . challenges, and how she dealt with them, setting the tone for the rest of her career. Couric talks candidly about adjusting to sudden fame after her astonishing rise to co-anchor of the TODAY show, and guides us through the most momentous events and

news stories of the era, to which she had a front-row seat: Rodney King, Anita Hill, Columbine, the death of Princess Diana, 9/11, the Iraq War . . . In every instance, she relentlessly pursued the facts, ruffling more than a few feathers along the way. She also recalls in vivid and sometimes lurid detail the intense pressure on female anchors to snag the latest "get"—often sensational tabloid stories like Jon Benet Ramsey, Tonya Harding, and OJ Simpson. Couric's position as one of the leading

lights of her profession was shadowed by the shock and trauma of losing her husband to stage 4 colon cancer when he was just 42, leaving her a widow and single mom to two daughters, 6 and 2. The death of her sister Emily, just three years later, brought yet more trauma—and an unwavering commitment to cancer awareness and research, one of her proudest accomplishments. Couric is unsparing in the details of her historic move to the

anchor chair at the CBS Evening News—a world rife with sexism and misogyny. Her “welcome” was even more hostile at 60 Minutes, an unrepentant boys club that engaged in outright hazing of even the most established women. In the wake of the MeToo movement, Couric shares her clear-eyed reckoning with gender inequality and predatory behavior in the workplace, and downfall of Matt Lauer—a colleague she had trusted and respected for more than a decade. Couric also

talks about the challenge of finding love again, with all the hilarity, false-starts, and drama that search entailed, before finding her midlife Mr. Right. Something she has never discussed publicly—why her second marriage almost didn’t happen. If you thought you knew Katie Couric, think again. *Going There* is the fast-paced, emotional, riveting story of a thoroughly modern woman, whose journey took her from humble origins to superstardom. In these pages, you will

find a friend, a confidante, a role model, a survivor whose lessons about life will enrich your own.

Chasing Life Harmony

Establishing a specialty in diagnosing abandoned patients with conflicting symptoms, Chief of Rheumatology Paul Allen is placed in the position of having to unlock the mind of his son, who has attempted to assassinate a presidential candidate.

The Spectator Bird

Alfred a Knopf
Incorporated

Atwelve-year-old Indian American boy believes he

is the reincarnation of Krishna and plans to unveil his true identity at the school talent show. Meet Kiran Sharma: lover of music, dance, and all things sensual; son of immigrants, social outcast, spiritual seeker. A boy who doesn't quite understand his lot—until he realizes he's a god . . . As an only son, Kiran has obligations—to excel in his studies, to honor the deities, to find a nice Indian girl, and, above all, to make his mother and father proud—standard stuff for a boy of his

background. If only Kiran had anything in common with the other Indian kids besides the color of his skin. They reject him at every turn, and his cretinous public schoolmates are no better. Cincinnati in the early 1990s isn't exactly a hotbed of cultural diversity, and Kiran's not-so-well-kept secrets don't endear him to any group. Playing with dolls, choosing ballet over basketball, taking the annual talent show way too seriously...the very things that make Kiran

who he is also make him the star of his own personal freak show . . . Surrounded by examples of upstanding Indian Americans—in his own home, in his temple, at the weekly parties given by his parents' friends—Kiran nevertheless finds it impossible to get the knack of "normalcy." And then one fateful day, a revelation: perhaps his desires aren't too earthly, but too divine. Perhaps the solution to the mystery of his existence has been before him since

birth. For Kiran Sharma, a long, strange trip is about to begin—a journey so sublime, so ridiculous, so painfully beautiful, that it can only lead to the truth

. . . Praise for *Blue Boy* “Compassionate, moving, funny, and wise, *Blue Boy* is one of the best debut novels I have read in years.” &mda

Connect The Dots

Simon and Schuster
Former academic Arthur Opp weighs 550 pounds and hasn't left his rambling Brooklyn home in a decade. 20 miles away, in Yonkers, 17-year-

old Kel Keller navigates life as the poor kid in a rich school and pins his hopes on what seems like a promising baseball career - if he can untangle himself from his family drama.

Blue Boy Random House India

From the “dean of Western writers” (The New York Times) and the Pulitzer Prize winning—author of *Angle of Repose* and *Crossing to Safety*, his National Book Award-winning novel *A Penguin Classic* Joe Allston is a retired literary agent

who is, in his own words, “just killing time until time gets around to killing me.” His parents and his only son are long dead, leaving him with neither ancestors nor descendants, tradition nor ties. His job, trafficking the talent of others, had not been his choice. He passes through life as a spectator. A postcard from a friend causes Allston to return to the journals of a trip he had taken years before, a journey to his mother's birthplace where he'd sought a link with the

past. The memories of that trip, both grotesque and poignant, move through layers of time and meaning, and reveal that Joe Allston isn't quite spectator enough.

Miracle Cure J. Ross Publishing

Marilynne Robinson has built a sterling reputation as a writer of sharp, subtly moving prose, not only as a major American novelist, but also as a rigorous thinker and incisive essayist. In *When I Was a Child I Read Books* she returns to and expands upon the themes

which have preoccupied her work with renewed vigor. In "Austerity as Ideology," she tackles the global debt crisis, and the charged political and social political climate in this country that makes finding a solution to our financial troubles so challenging. In "Open Thy Hand Wide" she searches out the deeply embedded role of generosity in Christian faith. And in "When I Was a Child," one of her most personal essays to date, an account of her childhood in Idaho becomes an

exploration of individualism and the myth of the American West. Clear-eyed and forceful as ever, Robinson demonstrates once again why she is regarded as one of our essential writers.

Build a Better Brain at Any Age Grand Central Publishing

A riveting first-hand account of a physician who's suddenly a dying patient, *In Shock* "searches for a glimmer of hope in life's darkest moments, and finds it." —The Washington Post

Dr. Rana Awdish never imagined that an emergency trip to the hospital would result in hemorrhaging nearly all of her blood volume and losing her unborn first child. But after her first visit, Dr. Awdish spent months fighting for her life, enduring consecutive major surgeries and experiencing multiple overlapping organ failures. At each step of the recovery process, Awdish was faced with something even more unexpected: repeated cavalier behavior from her

fellow physicians—indifference following human loss, disregard for anguish and suffering, and an exacting emotional distance. Hauntingly perceptive and beautifully written, *In Shock* allows the reader to transform alongside Awdish and watch what she discovers in our carefully-cultivated, yet often misguided, standard of care. Awdish comes to understand the fatal flaws in her profession and in her own past actions as a physician while achieving, through unflinching

presence, a crystalline vision of a new and better possibility for us all. As Dr. Awdish finds herself up against the same self-protective partitions she was trained to construct as a medical student and physician, she artfully illuminates the dysfunction of disconnection. Shatteringly personal, and yet wholly universal, she offers a brave road map for anyone navigating illness while presenting physicians with a new paradigm and rationale for embracing the

emotional bond between doctor and patient.

Cells Are the New Cure

Bantam

The national bestselling hit hailed by the New York Times as a "vibrant medieval mystery...[it] outdoes the competition." In medieval Cambridge, England, Adelia, a female forensics expert, is summoned by King Henry II to investigate a series of gruesome murders that has wrongly implicated the Jewish population, yielding even more tragic results. As Adelia's investigation takes her

behind the closed doors of the country's churches, the killer prepares to strike again.

My Journey from Death to Recovery and the Redemptive Power of Hope Penguin

Challenges popular conceptions to outline new methods for promoting wellness and longevity, arguing that traditional medicine has not been successful in treating serious illness while urging readers to embrace a systemic understanding of the body that incorporates the use

of revolutionary technologies.

What I've Learned from

You Central Recovery

Press

With humour and heart, Peter shares never-before-told stories from his distinguished career, including reporting on the fall of the Berlin Wall and the horror of 9/11, walking the beaches of Normandy with Tom Brokaw, and talking with Canadian prime ministers from John Diefenbaker to Justin Trudeau. But it's far from all serious. Peter also writes about finding the

"cure" for baldness in China and landing the role of Peter Moosebridge in Disney's Zootopia. From the first (and only) time he was late to broadcast to his poignant interview with the late Gord Downie, these are the moments that have stuck with him.

The Cutting-Edge Medical Breakthroughs That Are Transforming Our Health
Westland

The master of medical suspense takes you to prestigious Boston Heart Institute, where some patients are dying to get

well "A highly entertaining tale of greed and medicine run amok."—Chicago Tribune After a troubled past, Dr. Brian Holbrook has been given a second chance to prove himself. At state-of-the-art Boston Heart Institute, he's been chosen to join the medical team testing a new miracle drug. The initial results are so promising that Brian pushes to get his father—who suffers from a dangerous heart condition—accepted into the study. But Brian is beginning to suspect his

superiors are hiding something. Why are crucial records disappearing? Why did a patient making startling progress suddenly die? Is the miracle drug a prescription for death? The answers could cost Brian more than his career. For at Boston Heart Institute, knowing too much is the quickest way to the morgue. Praise for Miracle Cure "Packs plenty of heart-stopping action."—Associated Press "A fast-paced lively thriller."—Boston Sunday Herald

A Novel National Academies Press
 In this “total page-turner,” wife and mother Faiza is about to find what happens when you have your dream life and are about to lose it... but only if you're caught (Sarah Pearse, New York Times bestselling author of *The Sanatorium*). At the school gates, Faiza fits in. It took a few years, but now the snobbish white mothers who mistook her for the nanny treat her as one of their own. She's learned to crack their subtle codes, speak their

language of fashion and vacations and haircuts. You'd never guess, seeing her at the trendy kids' parties and the leisurely coffee mornings, that her childhood was spent being bullied and being embarrassed of her poor Pakistani immigrant parents. When her husband Tom loses his job in finance, he stays calm. Something will come along, and in the meantime, they can live off their savings. But Faiza starts to unravel. Creating the perfect life and raising the perfect family comes

at a cost – and the money Tom put aside has gone. Faiza will have to tell him she spent it all. Unless she doesn't... It only takes a second to lie to Tom. Now Faiza has mere weeks to find \$100,000. If anyone can do it, Faiza can. She's had to fight for what she has, and she'll fight to keep it. But as the clock ticks down and Faiza desperately tries to put things right, she has to ask herself: how much more should she sacrifice to live someone else's idea of the dream life?
Mistress of the Art of

Death Simon and Schuster

Throughout his research into memory theory, Nelson Dellis found existing memory improvement guides to be wanting--overcomplicated, dry, and stodgy. So he decided to write a book that is approachable and fun, centered on what people actually need to remember. In *Remember It!*, Dellis teaches us how to make the most of our memory, using his competition-winning techniques. Presenting

the information in a user-friendly way, Dellis offers bite-size chapters, addressing things we wish we could remember but often forget: names, grocery lists, phone numbers, where you left your keys--you name it! This fast-paced, highly illustrated tour of the inner workings of the brain makes improving your memory simple and fun.

The Fire Kimono Farrar, Straus and Giroux
 Note to Readers: This is an unofficial Summary & Analysis of Sanjay Gupta's

"Keep Sharp" designed to enrich your reading experience. Genius Reads is one of the Highest Rated summary books in the market today. Genius Reads gives an in-depth chapter by chapter 10000 word breakdown of the Best Seller. "Keep Sharp" by Sanjay Gupta

The Alienist (TNT Tie-in Edition) Simon and Schuster
 NEW YORK TIMES BESTSELLER • NOW A TNT ORIGINAL SERIES • "A first-rate tale of crime and punishment that will keep readers guessing until the

final pages.”—Entertainment Weekly “Caleb Carr’s rich period thriller takes us back to the moment in history when the modern idea of the serial killer became available to us.”—The Detroit News When *The Alienist* was first published in 1994, it was a major phenomenon, spending six months on the New York Times bestseller list, receiving critical acclaim, and selling millions of copies. This modern classic continues to be a touchstone of historical

suspense fiction for readers everywhere. The year is 1896. The city is New York. Newspaper reporter John Schuyler Moore is summoned by his friend Dr. Laszlo Kreizler—a psychologist, or “alienist”—to view the horribly mutilated body of an adolescent boy abandoned on the unfinished Williamsburg Bridge. From there the two embark on a revolutionary effort in criminology: creating a psychological profile of the perpetrator based on the details of his crimes.

Their dangerous quest takes them into the tortured past and twisted mind of a murderer who will kill again before their hunt is over. Fast-paced and riveting, infused with historical detail, *The Alienist* conjures up Gilded Age New York, with its tenements and mansions, corrupt cops and flamboyant gangsters, shining opera houses and seamy gin mills. It is an age in which questioning society’s belief that all killers are born, not made, could have unexpected and

fatal consequences. Praise for *The Alienist* “[A] delicious premise . . . Its settings and characterizations are much more sophisticated than the run-of-the-mill thrillers that line the shelves in bookstores.”—The Washington Post Book World “Mesmerizing.”—Detroit Free Press “The method of the hunt and the disparate team of hunters lift the tale beyond the level of a good thriller—way beyond. . . . A remarkable combination

of historical novel and psychological thriller.”—The Buffalo News “Engrossing.”—Newsweek “Gripping, atmospheric . . . intelligent and entertaining.”—USA Today “A high-spirited, charged-up and unfailingly smart thriller.”—Los Angeles Times “Keeps readers turning pages well past their bedtime.”—San Francisco Chronicle **Remember It!** Penguin Keep Sharp Recipes: Easy and Delicious Recipes To Help You Build a Better

Brain at Any Age - SPECIAL LAUNCH PRICE (WHILE STOCKS LAST!!!!) Do you Want To Keep your brain young, healthy, and sharp? Are You Looking For Easy Ways to Prepare Brain Healthy Food? Then this Keep Sharp Recipe Book is for you... Discover the 7 Secrets to Smart Eating with Powerful Tips to protecting your mind from decline. Worried about memory loss? You're not alone. But many experts now believe you can prevent or at least delay that decline-even if you

have a genetic predisposition to dementia. In this book, you'll find quick tips and tricks to keep sharp, *Tons of Delicious and Brain Healthy Recipes*, and expert advice to help you stay sharp. And the best news? It's not hard to do or time consuming. And it's not too late to begin. Scroll Up Now and Click The Buy Button To Get Started

A Novel Hachette UK
With the compassion of Jodi Picoult and the medical realism of Atul Gawande, real-life

anesthesiologist Carol Cassella's riveting national bestseller seamlessly melds compelling women's fiction and medical drama to create an "involving debut that's just what the doctor ordered" (People). Dr. Marie Heaton is an anesthesiologist at the height of her profession. She has worked, lived, and breathed her career since medical school, and she now practices at a top Seattle hospital. Marie has carefully constructed and constricted her life according to empirical

truths, to the science and art of medicine. But when her tried-and-true formula suddenly deserts her during a routine surgery, she must explain the nightmarish operating room disaster and face the resulting malpractice suit. Marie's best friend, colleague, and former lover, Dr. Joe Hillary, becomes her closest confidante as she twists through depositions, accusations and a remorseful preoccupation with the mother of the patient in question. As she struggles to salvage her

career and reputation, Marie must face hard truths about the path she's chosen, the bridges she's burned, and the colleagues and superiors she's mistaken for friends. A quieter crisis is simultaneously unfolding within Marie's family. Her aging father is losing his sight and approaching an

awkward dependency on Marie and her sister, Lori. But Lori has taken a more traditional path than Marie and is busy raising a family. Although Marie has been estranged from her Texas roots for decades, the ultimate responsibility for their father's care is falling on her. As her carefully structured life begins to

collapse, Marie confronts questions of love and betrayal, family bonds and the price of her own choices. Set against the natural splendor of Seattle, and inside the closed vaults of hospital operating rooms, Oxygen climaxes in a final twist that is as heartrending as it is redeeming.

Best Sellers - Books :

- [The Creative Act: A Way Of Being By Rick Rubin](#)
- [Jackie: Public, Private, Secret](#)
- [Twisted Games \(twisted, 2\) By Ana Huang](#)
- [Hello Beautiful \(oprah's Book Club\): A Novel By Ann Napolitano](#)
- [Demon Copperhead: A Pulitzer Prize Winner](#)

- [Lord Of The Flies By William Golding](#)
- [Flash Cards: Sight Words By Scholastic Teacher Resources](#)
- [We'll Always Have Summer \(the Summer I Turned Pretty\)](#)
- [Taylor Swift: A Little Golden Book Biography](#)
- [Icebreaker: A Novel \(the Maple Hills Series\)](#)