

# Appalachian Trail Mileage Chart Facts Information

Exploring the Appalachian Trail: Hikes in Southern New England  
 The Road to Damascus... and Beyond  
 The Appalachian National Scenic Trail  
 Appalachian Trail, Hanover to Mount Carlo- New Hampshire  
 Connecticut, Massachusetts, Vermont  
 2021 the A.T. Guide  
 Appalachian Trail Wall Map, Laminated  
 Appalachian Trail Guide to New York-New Jersey  
 A Time to Be Bold  
 Appalachian Trail Data Book 2000  
 Hiking with Kids Virginia  
 Connecticut Walk Book  
 Appalachian Trail Guide to North Carolina-Georgia  
 Appalachian Trail Guide to Massachusetts-Connecticut  
 State by State  
 Appalachian Trail Data Book 2021  
 Appalachian Trail North Carolina-Georgia  
 Books and Maps  
 Hike Virginia South of US 60  
 Public Land Management Policy  
 A Guide to the Area's Greatest Hiking Adventures  
 Hiking Shenandoah National Park  
 Hikes in the Virginias 2nd Edition  
 2nd Edition  
 Grandma Gatewood's Walk  
 Connecticut, Massachusetts, Vermont  
 The Only Guide You Will Ever Need, Including GPS, Detailed Maps, and More  
 Exploring the Appalachian Trail: Hikes in the Virginias  
 Trails of the Mid-Atlantic Region  
 Hikes in Southern New England  
 Appalachian Trail Central Virginia Guide Book Map Set  
 Hiking and Traveling the Blue Ridge Parkway, Revised and Expanded Edition  
 A Reawakening of the Spirit by Thru-Hiking the Appalachian Trail  
 Comprehensive Plan for the Protection, Management, Development and Use of the Appalachian National Scenic Trail  
 A Walk in the Woods  
 In Gift Box  
 51 Hikes from the Cumberland Gap to the Atlantic Coast  
 Appalachian Trail Thru-Hikers' Companion 2021  
 60 Hikes Within 60 Miles: Washington, D.C.

*Appalachian Trail Mileage Chart Facts Information*

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## ARIAS HARPER

[Exploring the Appalachian Trail: Hikes in Southern New England](#) Appalachian Trail Conference  
[Appalachian Trail Central Virginia Guide Book Map Set](#)  
[The Road to Damascus... and Beyond](#) Appalachian Trail Conference  
 The official guide to the 141 miles of the Appalachian Trail between the Vermont and New York lines, paralleling the western borders of Massachusetts and Connecticut. This packaged product includes a new edition of the guidebook, in modern unidirectional format, with a set of four detached topographical maps (two sheets, printed on both sides), scaled at one inch:one mile with 100-foot contours and including elevation profiles, shelters and other features, and water sources. Features of the Massachusetts-Connecticut route include Mt. Greylock, the nearby towns of the Berkshires, and the river walks of western Connecticut. The range of the maps is from several miles into Vermont to about 20 miles into New York (reaching the train stop that connects hikers to Manhattan!) The book includes local history as well as background on trail landmarks. -- Sue Spring

## The Appalachian National Scenic Trail Menasha Ridge Press

Explore 51 of southern Virginia's best options for short walks, hiking excursions, and backpacking adventures! From its lowest point at sea level to its loftiest mountain more than 5,000 feet high, southern Virginia is an unparalleled region. The terrain is diverse and beautiful, and the plant- and wildlife are varied and abundant. To truly see and appreciate the land's natural wonders, a person should travel on foot. In the east, walk for miles upon quiet beaches or hike across Tidewater lands preserved for migrating birds. Upon the rolling piedmont of central Virginia, discover historic sites from the days of the Civil War, as well as hikes around lakes both large and small. To the west, negotiate the ups and downs of the Blue Ridge region, where the rewards are well worth the effort. Gaze at wave after wave of Southern Appalachian ridgelines and at dozens of waterfalls that gush down steep slopes. Plus, hundreds of miles of the Appalachian Trail create opportunities for backpacking. In Hike Virginia South of US 60, expert hiker and naturalist Leonard M. Adkins helps you experience the joys of walking and hiking throughout the area. The award-winning Virginia author spotlights 51 trails that traverse more than 400 miles. Routes range from easy walks on level ground to ambitious, multi-day backpacking excursions over rugged terrain. Each entry

includes full-color maps and photographs, as well as driving directions and trail descriptions. Leonard also includes his fascinating insights on each site's history and culture, plus vital at-a-glance information about distance, hiking time, and elevation gain. Inside You'll Find 51 hikes—popular trails and hidden gems—covering over 400 miles Short walks, day hikes, and backpacking excursions Full-color maps and photographs Trail information chart with key details about every featured hike  
[Appalachian Trail, Hanover to Mount Carlo- New Hampshire](#) Chicago Review Press  
 Indispensable handbook of mileages between features and facilities on the AT  
**Connecticut, Massachusetts, Vermont** Appalachian Trail Conference  
 A guide to 27 great day hikes and overnight backpacking trips on the Appalachian Trail in Connecticut, Massachusetts, and Vermont.  
[2021 the A.T. Guide](#) Appalachian Trail Conference  
 In 2003, at the age of sixty-two, I thru-hiked the Appalachian Trail. This is the story about that hike. The Appalachian Trail starts on Springer Mountain, Georgia, and goes through fourteen states in a rather meandering way ending on Mount Katahdin, Maine, a distance of roughly 2,175 miles

(depending on the source of information as to the exact distance). My hike started on April 5. I arrived at the base of Mount Katahdin on September 14 and waited in nearby Millinocket until September 21 to complete the hike and climb the final 5.2 miles to the summit. The final day, I was accompanied by our youngest son, Will, who had flown to Boston (from Salt Lake City), rented a car, and drove to Millinocket to join me. Sometimes plans do work out perfectly for September 21 was Kris and my fortieth wedding anniversary this to emphasize the importance of commitment, which is what this story is all about. Thru-hiking the AT has taken on different meanings through the years since Earl V. Shaffer did it for the first time in 1948, as documented in his book *Walking with Spring*. His was the epitome, the purist approach as a backpacking venture, carrying his own supplies, tenting and staying in shelters, and walking the entire distance along the designated path as it then existed, but has been subject to a lot of changes since his time. My intention was to do it as closely as possible, adhering to this purist attitude without all of the designer methodology that has come to be acceptable for being considered a modern thru-hiker. And except for 1.1 mile this is covered in the book that is what I did.

[Appalachian Trail Wall Map, Laminated](#) eBookIt.com

46 day hikes and overnight trips in Virginia and West Virginia Complete with elevation profiles, topographic maps, descriptions of terrain, and notes on landmarks, side trails, and shelters Includes directions to trailheads and information on available parking Completely revised and updated to reflect recent trail changes Indexes sort the hikes by difficulty and length *Appalachian Trail Guide to New York-New Jersey* Mariner Books

Since 2010, The A.T. Guide, a.k.a. "The Awol Guide," has been the guidebook of choice for hikes of any length on the Appalachian Trail. The book contains thousands of landmarks such as campsites, water sources, summits and gaps. The trail's elevation profile is included and every landmark is aligned to the profile. Hikers using this guide know where they are on the trail, what views, streams and campsites are ahead, and whether they'll be hiking uphill or downhill to get there. The A.T. Guide answers all of your questions about how to get rides, where to stay, and where to get supplies. There are 94 maps of towns on or near the trail showing where to find these services and detailed listings for businesses. The A.T. Guide is the most innovative trail guidebook ever developed.

**A Time to Be Bold** Anchor Canada

This is the official guide to the 281 miles of the Appalachian Trail in Maine, from the summit of Mt. Katahdin in Baxter State Park south and west to the New Hampshire border. This trail guide is a planning guide with rich historical background on the lands. The seven, four-color, topographic maps-at 1:62,500 scale with modified shaded relief-included detailed trail-route descriptions on the backs, with elevation profiles.

**Appalachian Trail Data Book 2000** Appalachian Trail Conference

This is the official guide to the 236 miles of the Appalachian Trail from its southern terminus on Springer Mountain in Georgia (about an hour north of Atlanta) to the eastern boundary of Great Smoky Mountains National Park on the North Carolina-Tennessee border. The route traverses the Chattahoochee-Oconee and Nantahala national forests, as well as the park, and includes the most rugged sections of the legendary footpath south of New Hampshire and Maine. This guidebook comes with four five-color topographic maps printed on two sheets of waterproof, tear-resistant material, for the areas south of the park and National Geographic Maps' five-color topographic map of the park, with its side trails. All the maps have scales of about one inch to one mile. The book includes detailed trail descriptions as well as information on overnight sites, water sources, natural and cultural history of the areas, and directions to trailheads. Packaged in an exclusive, Kraft display box designed for shelves, with consumer information on the back.

Best Sellers - Books :

• [Brown Bear, Brown Bear, What Do You See? By Bill Martin Jr.](#)

• [Hunting Adeline \(cat And Mouse Duet\) By H. D. Carlton](#)

• [Feel-good Productivity: How To Do More Of What Matters To You By Ali Abdaal](#)

• [How To Win Friends & Influence People \(dale Carnegie Books\) By Dale Carnegie](#)

• [The Very Hungry Caterpillar](#)

• [Reminders Of Him: A Novel By Colleen Hoover](#)

• [A Letter From Your Teacher: On The First Day Of School By Shannon Olsen](#)

• [I Will Teach You To Be Rich: No Guilt. No Excuses. Just A 6-week Program That Works \(second Edition\) By Ramit Sethi](#)

• [Taylor Swift: A Little Golden Book Biography By Wendy Loggia](#)

[Hiking with Kids Virginia](#) Menasha Ridge Press

This comprehensive guidebook provides a detailed description of every official National Park Service trail along the Blue Ridge Parkway. But that's just the beginning: veteran hiker Leonard M. Adkins includes information on every trail that touches the parkway, including the Appalachian Trail and other public pathways on national park, state park, national forest, municipal, and private lands, along with citations for the Mountains-to-Sea Trail. Far more than a guide to the trails, this book will help you plan your whole trip. It's the perfect companion for your next parkway adventure. Includes: - every public trail along the parkway - GPS coordinates and 72 maps - 255 total trails, including 12 new trails since the last edition - trail length and difficulty - points of interest - wheelchair accessibility - a short history of the parkway and region - campgrounds and lodges - public restroom locations - elevation change charts for cyclists - tunnel heights for RVs - wildflower bloom calendar - selected sightseeing information on nearby towns

**Connecticut Walk Book** Stackpole Books

The official guide for AT thru-hikers and section hikers

**Appalachian Trail Guide to North Carolina-Georgia** Stackpole Books

National Geographic's wall map of the Appalachian Trail is ideal for fans and hikers of this magnificent national scenic trail. Developed in cooperation with the Appalachian Trail Conservancy, this beautiful poster, measuring 48"x18," shows the entire length of the trail from Maine to Georgia. A unique elevation profiles highlight the trail's peaks and valleys and an informative mileage chart shows the distance between key locations. Also highlighted on the map are National Forests, National Park Service lands, State Forests and Parks, and major highways and interstates. Points of interest include Appalachian Trail information centers and shelters.

**Appalachian Trail Guide to Massachusetts-Connecticut** UNC Press Books

The official guide to the 238 miles of the Appalachian Trail from its southern terminus on Springer Mountain in Georgia (about an hour north of Atlanta) to the eastern boundary of Great Smoky Mountains National Park on the North Carolina-Tennessee border. This guidebook comes with four five-color topographic maps printed on two sheets of waterproof, tear-resistant material, for the areas south of the park and National Geographic Maps' five-color topographic map of the park, with its side trails. The route traverses wilderness areas throughout the Chattahoochee-Oconee and Nantahala national forests, as well as the park, and includes the most rugged sections of the legendary footpath south of New Hampshire and Maine. All the waterproof, tear-proof maps have scales of about one inch to one mile. The book includes detailed trail descriptions as well as information on overnight sites, water sources, natural and cultural history of the areas, and directions to trailheads. Packaged in a resealable bag for convenience on the trail. No batteries, downloads, or service reception required.

**State by State** Appalachian Trail Conference

46 day hikes and overnight trips in Virginia and West Virginia Complete with elevation profiles, topographic maps, descriptions of terrain, and notes on landmarks, side trails, and shelters Includes directions to trailheads and information on available parking Completely revised and updated to reflect recent trail changes Indexes sort the hikes by difficulty and length

[Appalachian Trail Data Book 2021](#) Stackpole Books

The Appalachian Trail is America's most beloved trek, with millions of hikers setting foot on it every year. Yet few are aware of the fascinating backstory of the dreamers and builders who helped bring it to life over the past century. The conception and building of the Appalachian Trail is a story of unforgettable characters who explored it, defined it, and captured national attention by hiking it. From Grandma Gatewood--a mother of eleven who thru-hiked in canvas sneakers and a drawstring

duffle--to Bill Bryson, author of the best-selling *A Walk in the Woods*, the AT has seized the American imagination like no other hiking path. The 2,000-mile-long hike from Georgia to Maine is not just a trail through the woods, but a set of ideas about nature etched in the forest floor. This character-driven biography of the trail is a must-read not just for ambitious hikers, but for anyone who wonders about our relationship with the great outdoors and dreams of getting away from urban life for a pilgrimage in the wild.

*Appalachian Trail North Carolina-Georgia* Appalachian Trail Conference

The official guide to 302 miles of the Appalachian Trail, from Damascus, Va., near the Tennessee line south to the southern end of the Great Smoky Mountains National Park at Fontana Dam, N.C. The six detached maps (three sheets) included in the packet are water- and tear-resistant in seven colors at a scale of an inch to a mile, with elevation profiles. This area includes the spectacular southern balds, the majestic Highlands of Roan, and Cherokee National Forest, as well as the most-visited of the traditional national parks. The book includes detailed trail descriptions as well as thorough background information on towns, archival photographs, historical sites, and geology. Vic Hasler (northeastern Tennessee), Leonard Bernstein (east-central Tennessee and parts of North Carolina), and Richard Ketelle (Smokies) are longtime, active volunteers with their respective Appalachian Trail clubs, who know the sections best because they help maintain them.

**Books and Maps** Rowman & Littlefield

Lace up your boots and experience some of the best hiking in New England. Whether you are a day-tripper or long-distance hiker, old hand or novice, you'll find trails suited to every ability and interest. The Connecticut Forest & Park Association (CFPA) maintains over 825 miles of Blue-Blazed Trails in Connecticut, trails that wind through state parks and forests, land trusts, and across private land. The Connecticut Walk Book is a comprehensive guide to these trails, including detailed, full-color maps, mileage/destination tables, and a lay-flat design for ease of use. In this twentieth edition of the Connecticut Walk Book you will find descriptions of the hikes with maps that are clear and easy to read and follow, parking information, and trip-planning essentials that will bring you to every trail.

[Hike Virginia South of US 60](#) Xlibris Corporation

National Geographic's map of the Appalachian Trail is ideal for fans and hikers of this magnificent national scenic trail. It makes a great planning tool or as reference to track progress on the 2,200 mile length. Developed in cooperation with the Appalachian Trail Conservancy, this beautiful poster, shows the entire length of the trail from Maine to Georgia. A unique elevation profiles highlight the trail's peaks and valleys and an informative mileage chart shows the distance between key locations. Also highlighted on the map are National Forests, National Park Service lands, State Forests and Parks, and major highways and interstates. Points of interest include Appalachian Trail information centers and shelters. Map Scale = 1:1,612,900 Sheet Size = 18" x 48"

*Public Land Management Policy* Rowman & Littlefield

National Geographic's wall map of the Appalachian Trail is ideal for fans and hikers of this magnificent national scenic trail. Developed in cooperation with the Appalachian Trail Conservancy, this beautiful poster, measuring 48"x18," shows the entire length of the trail from Maine to Georgia. A unique elevation profiles highlight the trail's peaks and valleys and an informative mileage chart shows the distance between key locations. Also highlighted on the map are National Forests, National Park Service lands, State Forests and Parks, and major highways and interstates. Points of interest include Appalachian Trail information centers and shelters. Net proceeds from the sale of this map support National Geographic's vital exploration, conservation, research, and education programs."Map Scale = 1:1,612,900 Sheet Size = 19.5" x 49.5"

• [My Butt Is So Christmassy!](#)